



the
FREE
monthly for
homeless
people

the Pavement





Elena Zhagorova
Age at disappearance: 38

Elena has been missing from London since 21 May 2008.

If you think you can help the search please call or text Missing

People on 116000 or email 116000@missingpeople.or.uk.

Elena, we would love to hear from you. Call. Text. Anytime. Free. Confidential. 116000



Paul Fahy
Age at disappearance: 33

Paul has been missing from Liverpool since 18 February 2002.

If you think you can help the search please call or text Missing People on 116000 or email at 116000@missingpeople.org.uk

Paul, we would love to hear from you. Call. Text. Anytime. Free. Confidential. 116000



Merry Xmas!

It is December - and that means Christmas and New Year are on the cards. With them come well earned holidays for those working in what are for many of you, essential services. Yes - there are seasonal alternatives. But are they enough? Let us know. We take a publishing break ourselves in January, so see you in February next year. Stay warm, and stay safe.

Karin Goodwin

Editor

the Pavement

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PO Box 60385, London, WC1A 9BH London@thepavement.org.uk (Val Stevenson)

PO Box 7624, Glasgow, G42 2GL scotland@thepavement.org.uk (Karin Goodwin)

PO Box 15635, Birmingham, B29 9DD westmidlands@thepavement.org.uk (Amber Woodfull)

Fundraising Helen Hibberd **fundraising@thepavement.org.uk**; **The List directory** Kit Maclean **thelist@thepavement.org.uk**; **Distribution/Stockists** Jennifer O'Brien **distribution@thepavement.org.uk**; **Campaigns:** Rebecca Wearn **Editor-in-Chief** Richard Burdett; **Editor** Karin Goodwin; **Web Editor** Val Stevenson; **Reporters** John Ashmore, Tom Bowker, Sarah Cox, Jane Evans, Rebecca Evans, Mairi Gordon, Katharine Hibbert, Anna Kostyrina, Sean Lafferty, Jim O'Reilly, Carinya Sharples; **Photographers** Rufus Exton, Katie Hyams; **Contributors** , Janette Canlin, Susie Rathie, Toe Slayer, Evelyn Weir; **Cartoonists** Nick Baker, Neil Bennett, Cluff, Pete Dredge, Kathryn Lamb, Ed McLachlan, Ken Pyne, Mike Williams; **Artists/Designers** Mike Donaldson, Lo Parkin; **Printed by** www.evonprint.co.uk West Sussex

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Cover: Pavement Pete gets a Christmas style make-over in time for the cold snap.

Cartoon by Neil Bennett.

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Upfront: Xmas crisis?

A Christmas homeless event, that opens temporary shelters to provide support, services and friendship for people with nowhere to live at Christmas is set for a record number of homeless guests this year.

Crisis at Christmas involves a network of temporary day shelters for homeless people and will run this year from December 23-30.

It is understood that there will be up to ten shelters in London this year, including one for women, another aimed at people coping with alcohol addiction and a rough sleeper's shelter.

Newcastle's Crisis Skylight Centre will also open its doors from 8am – 8pm on Dec 25 and 26 and for the first time, Crisis at Christmas is coming to Scotland. Edinburgh's Crisis Skylight Centre will invite 50 guests to its celebrations, though they must be nominated by a support worker.

In London organisers say the shelters are all about offering a bit of Christmas pampering for homeless guests.

An army of volunteers offer a range of services, including a medical centre for health advice, dentists, legal and housing advice.

Homeless guests can get a haircut, a pedicure and a massage

at the centres. And there are films, arts and crafts and live music.

However some believe more should be done to provide services for homeless people at Christmas. The Crisis at Christmas service is available for just seven days, and closes four days before some services re-open after the holiday.

Many complain that Winter and Nightshelters, as well as soup runs and other drop-ins, also take a break which means support options are very limited.

A small number of Christmas shelters run across the country to deal with this gap in services such as the Quaker's Christmas Shelter in London and the Birmingham Christmas Shelter in the West Midlands. Charities such as the London Mobile Christmas Service also try to fill the gap.

Savvas Panas, CEO of the Pillion Trust, said there was often a gap in provision between when Crisis at Christmas finished and the re-opening of all the shelters across the city.

"It is a huge amount of displacement for people," he added. "It's not just shelters that are closed. It's also Homeless Person's Units, housing services, addiction services and when your outreach worker is no holiday you're care plan doesn't follow you.

"It's a time when people don't have choices."

Staff

• Find out more about Crisis at Christmas: crisis.org.uk/

UK News

Perfect twitter tent storm

Two homeless men became a Twitter sensation last month when they advertised their job hunt via Twitter, with the help of a kind passerby.

Ken Jones, 44, and Ron Rogers, 40, were living in a leaky tent near the Hilton Hotel in Cardiff, after seasonal work dried up leaving with them with no money for a roof over their heads.

They made posters that asked 'Have you any work for me?' and stood with them in the centre of town promising cheap demolition, recycling and security work.

The pair unwittingly hit the social media sphere when Ani Saunders posted a photo of Ron and his sign on Twitter. Within an hour it had been retweeted over 250 times, 700 within a couple of hours and nearly 2700 to date.

Ani, who's 29 and an artist, told *The Pave ment*: "It's so terribly common to see people living on the streets these days. It certainly seems to be an increasing problem. It's baffling to see how many people are failed by the system, mind blowing really."

Ani says she hoped to "increase awareness of Ron and Ken's current situation and also increase their chances of employment."



Ken Jones appeal took twitter by storm

"It seemed that people really wanted to help them find a job, it was very heart-warming to see such a positive reaction."

But a 2005 report by St Mungo's highlighted the unique problems homeless people face when seeking work.

Two thirds of the 100 homeless people they asked said that agencies and employers wouldn't give them a chance. They said expenses like work clothes and equipment were unaffordable. Half also said that not having a mailing address was a barrier too.

Ken agrees. He told us: "Someone wanted me to hand out flyers in a suit – but I live in a tent!"

Only about two percent of homeless people are in full time employment, according to a report by Crisis with 12 percent working part time and 13 percent volunteering.

But current data from the Office

for National Statistics shows the number of unemployed fell by 48,000 between July and September this year. The unemployment rate dropped to 7.6 percent - its lowest in over three years.

At the same time the figures for longterm youth unemployment have quadrupled in the last decade.

The government's £5 billion Work Programme, which was launched in 2011 with the aim of getting more people into employment, has been found lacking by a committee of MP's.

They say it isn't helping the long term unemployed, including homeless people.

Labour MP Dame Anne Begg explains: "The work programme has proved much less successful to date in addressing the problems faced by people with disabilities, homeless people, and those with a history of drug or alcohol abuse.

"The government must do more to ensure that the work programme provides effective support for all jobseekers."

Jacqui McCluskey, the director of policy and communications at Homeless Link, said: "Most people who have experienced homelessness want to work but often face the most severe barriers. The Work Programme was created to help break down these barriers, yet our research suggests that it is failing." *Jane Evans*

Visible community

We Are Visible (WAV) is a new social network, launched last month by Mark Hovath, founder of Invisible People TV, who created online videos of homeless people to allow their voices to be heard.

So what's WAV all about?

We Are Visible [wearevisible.com] is private peer network for rough sleepers and homeless community to help each other through discussion forums, social media, and peer to peer support.

How did it all begin?

A few years back I started to interact with homeless people online over social media like Twitter and Facebook. Soon I was making friends with homeless people all over U.S. and Canada along with those sleeping rough in the UK and Australia. Homeless people using the network started reaching out to other homeless people offering peer support.

And then?

The community started to grow, but it became clear people didn't feel comfortable sharing about life in a hostel or on the streets while connected to all their family and friends, who are also on Facebook. The solution was to build a place for just us - a place where we can talk about anything and everything related to the challenges of facing homelessness and sleeping rough. See you online.

Find out more: wearevisible.com

Begbie hits the streets

The author of 'Trainspotting', the novel and film set in drug-addled Edinburgh in the late 80s, is revisiting the life of lead character Begbie in a new short story to be published in the Big Issue and other street papers around the world this Christmas.

Irvine Welsh shot to fame after the publication of Trainspotting in 1993 and the release of the film three years later, starring Robert Carlyle as Begbie. Welsh has since gone on to further success with novels such as Filth, which was this year made into a film that is currently in cinemas across the UK.

The new story, called 'He Ain't Lager', centres on Begbie visiting his family, including his homeless brother, Joe, at Christmas after being released from prison.

Welsh said: "I'm not sure where this [story] came from. I never really know. I just think the character has to be full of surprises and I quite like this little twist in [Begbie's] life."

He revealed that the infamous violent hardman has been rehabilitated through art, and fallen in love. Welsh said there were more revelations about Begbie in his new story and urged people to buy The Big Issue.

Though Welsh now lives in Chicago, he wrote Trainspotting while working in the housing department of Edinburgh council. He has written the new Begbie story



Irvine Welsh's infamous hard man is back

in support of the International Network of Street Papers (INSP), a charity based in Glasgow, Scotland, that supports The Big Issue and 121 other street papers in 40 countries.

Welsh admits that he himself is "not disadvantaged in the current housing market, but privileged by it", and laments that homelessness issues - "ubiquitous across the western world" - are "a product of the weak priorities our political leadership has set."

Paul McNamee, editor of The Big Issue, says he hopes the story will have people "queuing at their local Big Issue vendor".

Maree Aldam, who heads up the INSP charity, said "interviews and writing by famous names give our network of homeless vendors a big sales boost."

Tom Bowker



In focus

TB is still alive and kicking. So it's just as well the Find & Treat service is too, says Carinya Sharples.

"We still sadly find too many people who are coughing up blood, who've lost so much weight, with 'I've got TB' written all over them – but no one's spotted it," says Alistair Story, Clinical Lead of London-based TB screening service Find & Treat.

And that's why awareness raising is a key feature of the Find & Treat service, a specialist outreach team that visits homeless hostels, soup runs or wherever else it is needed to screen people for active TB with the help of a Mobile X-ray Unit (MXU).

Every year, the dedicated Find & Treat team screens almost 10,000 people in London. About one percent are found to have TB lesions that indicate active TB.

That's a lot of screening. And what's more it's been on the go for close to a decade, so it's no surprise that the Find & Treat MXU is now on its last legs. The day The Pavement went to see the van in action, its generator had failed – meaning that day's screenings had to be cancelled.

Funding for the service has long been an issue – though the will is there, often the commitment past

the next three or five years funding stream has not been clear. Questions were recently asked in Parliament about the future of the creaky old unit, and its need for renewal.

So for the team, the news that they are now to get a long-awaited replacement unit in approximately nine months – funded by University College London Hospitals, which hosts Find & Treat at the Hospital For Tropical Diseases – is significant.

Once known as consumption, TB may have declined among the general UK population, but among the marginalised it's on the rise – with close to 3,500 new cases (that's 42 per 100,000) every year in London, making it the TB capital of Europe.

"If you look at homelessness you've got the perfect storm," explains Dr Story. The immune systems can be weakened as a result of lifestyle – addiction, poor diet, and other health issues are all factors. On top of that poor or crowded conditions increase the risk of infection.

"The challenge for us is that the classic symptoms of TB – a cough, weight loss, night sweats and a general feeling of tiredness – are perfectly masked by other factors around being malnourished, being cold, being on the street," he explains.

One way Find & Treat raises awareness of the symptoms of TB is through peer advocates: former service users who, with training



The Mobile X-Ray Unit is on its last legs

from Groundswell, give talks and share their personal experiences.

Erland, a peer advocate, had to undergo eight to nine months of treatment. "It was difficult," he says, "but I'm glad I stuck with it – I don't want to go through that again." Now he goes in hostels and encourages people to come on board the Find & Treat MXU. It takes just 60 seconds, he says.

Through its outreach model, Find & Treat aims to fill the gap not met by traditional, building-based TB services in London.

"No disrespect to any of them," says Dr Story, "but some of them are on the 18th floor of a hospital, they work very fixed hours, it's a very appointments-based system, you've got to have all your ID and documentation with you."

And that doesn't always suit people on the streets, some of whom may distrust the NHS anyway.

Oz, another of the peer advocates, remembers visiting his GP many times complaining of night sweats and other symptoms, but despite having countless blood tests was not screened for TB.

It was only when he saw a Find & Treat leaflet at the No Second Night Out hub that he had a breakthrough. Oz had mixed emotions when his tests came back positive: "I was angry but at some point I was relieved too because finally I know what's wrong with me and why I was losing weight."

Treatment for TB usually lasts a minimum of six months and its important it runs its course. To make sure each service user takes their tablets every day, Find & Treat offers support, sometimes training key-workers to help or even asking people to send a smartphone video of themselves taking their medication.

It's important to look at the whole picture to ensure recovery. The Find & Treat team includes social workers, drug and alcohol specialists and mental health workers as well as clinical staff. It's even set up its own speciality TB hotel: the St John of God hospitalier.

And the service has ambitious plans in the pipeline. Soon it hopes to offer instant tests for latent TB, HIV, Hepatitis B and Hepatitis C alongside the screening



for active TB. Discussions with Public Health England on his are “quite advanced” says Dr Story.

But they need all the support they can get if it’s going to happen – and funding needs to be secure. Spend now, save later is Find and Treat’s argument, one backed up by two independent evaluations (by the Health Protection Agency and NICE), which both found the service to be very cost-effective and even cost saving.

“The politicians are talking about TB as an issue that can be solved by closing the border,” says Dr Story, “that’s wrong [according to Public Health England’s 2012 TB Annual Review for London, only 14 percent of TB cases were recent entrants to the UK]. We solve TB by controlling it here in London – it’s in all our interests that we do so because we share the same air.”

www.findandtreat.com

TB Facts

(from the World Health Organisation)

- In 2012 8.6 million people across the world fell ill with TB
- TB is the leading killer of people living with HIV
- A total of 1.3 million people died from TB in 2012
- About 56 million TB patients have been successfully treated since 1995 worldwide

Figures falling in Scotland

Homeless figures, released one year on from the Homelessness target set by the Scottish Government to ensure everyone assessed as unintentionally homeless had a legal right to settled accommodation, show an 11 percent drop in the number of people seeking help.

Just 9, 474 people applied for assistance from homelessness services in the past year, according to the statistics.

The numbers, released last month also show that the number of people made homeless or threatened with homelessness fell by a 10th to 7, 649.

In England, charity Crisis said the fall was very encouraging and that Westminster should take note.

However Scottish charities warned that welfare cuts, including sanctions and the bedroom tax are likely to drive figures back up.

Shelter Scotland warned against complacency.

Robert Aldridge, Chief Executive of the Scottish Council for Single Homeless said that there was a shortage of housing, particularly of single bed flats, in Scotland.

“The homelessness target has had a positive impact,” he added. “But the key problem remains that the main demand comes from single people and there is not the accommodation to suit that demand.”

Staff

Second night out roll out

Thirty homelessness projects across England have received a total of £3.5m in funding as part of the government’s attempt to prevent rough sleeping and get individuals off the street through the No Second Night Out (NSNO) strategy.

The scheme, which is controversial, is being progressively rolled out across England.

It will help fund a range of services for some of the 2,300 people estimated to be sleeping rough on any one night in England.

The NSNO approach uses street workers to identify and engage with rough sleepers and ensure they do not spend a second night on the streets.

However critics say that it fails to help those who have been seen by NSNO staff before as this makes them ineligible for future help.

They say that its one-size-fits-all approach also struggles to deal with those who do not want to be housed in a hostel setting - to avoid drug taking for example - or be sent back to their home region.

The grants – of between £50,000 and £150,000 - come from the £20m Homelessness Transition Fund administered by Homeless Link and funded by the Department for Communities and Local Government.

Despite this funding, rough sleeping counts have continued to rise. From April 2013 to March

2013, almost 6,500 people were sleeping on the street, a rise of 13 percent from the previous year.

Three-quarters of these people slept out only once. About 2,800 them were, significantly less than half, found accommodation or went back to their home areas through No Second Night Out programmes.

Sharon Allen, the chair of the panel which granted the new funding, said: “We know how damaging spending a night on the streets is to an individual’s wellbeing. The grants we have awarded so far have helped thousands of people to escape homelessness and move towards independence.

“The 30 projects chosen for this final round will continue this good work and ensure that individuals who find themselves without a home can be supported to get their lives back on track.”

The new funding comes at the end of the first year that the StreetLink phone line has been in operation. This service allows members of the public to call a hotline to notify charities of people who they see sleeping rough, so that they can be targeted by local homelessness projects within the No Second Night Out scheme.

Katharine Hibbert

•Rough sleepers can also use StreetLink to request an outreach worker themselves: call 0300 500 0914 or visit streetlink.org.uk.



News-in-brief



News-in-brief from the UK and across the world

Dream job leads to award

A woman who was homeless for seven years from the age of 17 has revealed how she changed her life by starting a social enterprise that has now led to her being nominated for a Prince's Trust award.

Christine Robinson, 30, lived in hostels and had to take her A levels twice after she left home because she was no longer able to live with her mother.

When she finally moved into permanent accommodation, she struggled to find work — despite getting a degree in psychology — and felt hopeless.

But after attending Enterprise, a Prince's Trust programme, she fulfilled her dream of starting a business by using her experiences to help disadvantaged young people into work.

"There were moments when I did lose hope," she told the Evening Standard last month.

"But I always had an underlying desire to be better than my circumstances. I thought this cannot be it, I have to make the most of my life."
Staff

Court date for soup kitchen

A soup kitchen, which was evicted from a site it has held in a town centre car park in Walthamstow for more than 20 years, has been given a court date to appeal the decision.

The Christian Kitchen, which features in Ken Loach's recent film 'The Spirit of '45', was asked to move by Walthamstow Council earlier in the year following claims of anti-social behaviour.

The council has proposed a new site next to the main entrance to the Holiday Inn, however the charity believes this location is unsuitable. The hotel owners have also objected to plans.

The case will now go to the High Court on February 24, where a judicial review to decide if the council has acted unlawfully will be heard.

Organisers from the Christian Kitchen said they had been 'overwhelmed' by local support in recent months.

At its recent AGM, the charity also revealed plans for indoor space and assessment beds, allowing them to do more than 'feed the hungry'.
Staff

Dublin rough sleeper rise

New figures show the number of people sleeping rough in Dublin has trebled since last year, reports the Irish Times.

The draft Homeless Action Plan for Dublin 2014 to 2016, indicates that a total of 305 individual people were "bedded down" in the city in the first half of this year, as compared with 97 in the first six months of 2012 — an increase of 208 per cent.

The latest "rough-sleeper count", conducted by the Dublin Region Homeless Executive at the beginning of November, is expected to show another steep increase in the number of people sleeping rough.

According to documents seen by the Irish newspaper, one third of the 2,886 individuals using emergency homelessness services in the first six months of this year were accessing services for the first time.
Staff

Homeless exploited in clean-up

Japanese Yakuza gangsters are exploiting homeless men by drafting them in to clean up the Fukushima nuclear plant, which went into melt down following damage in the tsunami in 2011.

According to Russia's RT, the homeless men have been provided by the gangsters because the Tokyo Electric Power Company which operates the plant has not

been able to recruit workers to dismantle the hazardous plant.

One worker who didn't want to be identified told the Russian television network: "We were given no insurance for health risks, no radiation meters even. We were treated like nothing, like disposable people — they promised things and then kicked us out when we received a large radiation dose."
Staff

State support for homeless

New York state's highest court has rejected plans by New York City's mayor which would have meant all single adults had to prove they had nowhere else to go before entering a homeless shelter.

The Court of Appeals sided with lower courts, saying Mayor Michael Bloomberg's administration failed to follow procedure and hold a hearing on the policy.

Under the requirement, single adults seeking a bed would have had to provide details on their recent history and finances.

The City Council filed a lawsuit against the policy in 2011, saying it would keep thousands of homeless people on the streets.

Charities claim New York has not had such an issue with homelessness since the Great Depression.
Staff

Campaign

Rebecca Wearn says so much more needs to be done to make Welfare Fair

This Autumn The Pavement has focused its attention on welfare. The changes to the way people in Britain receive financial support from the Government has undergone a huge change this year – from the introduction of Universal Credit, cracking down on disability benefits and of course benefit sanctions.

And it's those sanctions that have been the most shocking.

According to statistics released by the Department of Work and Pensions last month, 580,000 sanctions were imposed on people claiming benefits between October 2012 and June 2013.

Of these over 52,000 people were given a 'high' sanction, which means they lose their benefits for 13 weeks the first time they are sanctioned. If they fail to comply for a second time this increases to 26 weeks, and then 156 for subsequent transgressions of the departments rules.

The department claimed over a third of all those sanctioned had failed to 'actively seek employment', and a further 30 percent had not taken part in the Work Programme. Others had not turn up for interviews.

Figures obtained by Crisis show that almost half were jobseekers who lost income support for at least a month.

This money is a financial lifeline for many – and when it's cut off, even temporarily, people are hit hard.

When this situation continues for weeks and even months situations become desperate, and horror stories of payday loans taken just for survival are commonplace.

Aside from mounting debts or struggling to get food or shelter, it can put enormous emotional stress on a person when their life is most fragile.

Worse still – unfortunately not that surprising for the Pavement - Crisis found evidence that the sanctions are often imposed in error. So the suffering caused is not only cruel, but also unjust.

At The Pavement we've been campaigning to find out your views on the changes. In November we contacted scores of shelters and homeless charities up and down Great Britain – from Scotland to the South Coast. We found widespread concern about how sanctions were hitting service users.

In Scotland, the Glasgow Homelessness Network has set up a Welfare Reform Working Group to monitor how policy changes are affecting them. Development

Worker Johanna Speirs told us that sanctions were increasing and she had been moved to publish a



survey to ascertain the impact it is having in Glasgow. GHN hope to publish those findings in the new year – and we'll bring those to you, along with any other results.

Another centre carefully monitoring sanctions is The Booth Centre in Manchester Cathedral, where Director Amanda Croome recorded a 24 percent increase in the number of people facing benefit sanctions in the last 12 months.

The Booth Centre helps around 170 people every week, far more this year than last, and is already under pressure. But Amanda explained that the sanctions take up large amounts of staff time that would otherwise be better spent giving direct help to their centre users.

"Its effecting our ability to get people into accommodation assume hostels wont take people who have been sanctioned," she added.

At the other end of the country, Mike Taylor, who runs The Harwell Centre in Plymouth, Devon, said an increase in the use of sanctions had led to more people relying on Food Banks in the area.

We remained concerned about benefit changes - The Pavement will continue to document any stories you have about the impact sanctions have. Our campaign – Make Welfare Fair – has over three months only highlighted how much more needs to be done.

Have you been sanctioned? Tell us: rebecca@thepavement.org.uk



Sandy Davidson Age at disappearance: 4

Sandy has been missing from Irvine since 23 April 1976.

The picture on the right (2nd picture) has been age progressed to give an indication of what Sandy may look like now.

If you think you can help the search please call or text Missing People on 116000 or email at 116000@missingpeople.org.uk.

Sandy, we would love to hear from you. Call. Text. Anytime. Free. Confidential. 116000



Supporting London life



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www.jobsite.co.uk • www.thisismoney.co.uk • www.travelmail.co.uk

KEY TO ALL SERVICES

A	Alcohol workers
AC	Art classes
AD	Advocacy
AH	Accommodation/housing advice
B	Barber
BA	Benefits advice
BE	Bedding available
BS	Bathroom/showers
C	Counselling
CA	Careers advice
CL	Clothing store
D	Drugs workers
DA	Debt advice
DT	Dentist
EF	Ex-forces
EO	Ex-offenders
ET	Education and training
F	Food
FF	Free food
FC	Foot care
IT	Internet access
L	Laundry
LA	Legal advice
LF	Leisure facilities
LS	Luggage storage
MD	Music/drama
MH	Mental health
MS	Medical/health services
NE	Needle exchange
OL	Outreach worker links
OW	Outreach workers
SH	Sexual health advice
TS	Tenancy support

Email changes and suggestions to:
thelist@thepavement.org.uk
Or write to our address on page 3

Updated: 29 Sep 13

the List

ADVICE SERVICES

There's not enough room in print, but this section will be back in a future issue. Until then you can find this information online at: www.thepavement.org.uk

ANIMALS / PETS

BLUE CROSS VETERINARY SERVICES

Offered to pet owners on a low income. This is usually a means tested benefit or state pension with no other means of income:

BLUE CROSS MOBILE VETERINARY CLINIC

All run 10am – 12pm & 1.30pm – 3.30pm, at these locations – Mon: Bethnal Green Road E2; Wed: Hackney Town Hall (car park) E8; Thur: Islington Town Hall, Upper Street, N1; Fri: Walthamstow Town Square, High Street, E17

On a first-come-first-served basis. Some cases may need to be referred to the Victoria hospital.

BLUE CROSS

Victoria, 1 – 5 Hugh Street, SW1V 1QQ,

020 7932 2370

Hammersmith, Argyle Place, King Street, W6 0RQ

020 8748 1400

Merton, 88 – 92 Merton High Street, SW19 1BD

020 8254 1400

ARTS

There's not enough room in print, but this section will be back in a future issue. Until then you can find this information online at: www.thepavement.org.uk

BENEFITS AGENCY

JOBCENTRE PLUS

To make a claim

0800 055 6688

For queries about existing claims for Income Support, Jobseekers Allowance or Incapacity Benefit

0845 377 6001

For Social Fund enquiries

0845 608 8661

For the Pensions Service

0845 606 0265

BME/REFUGEE

HACKNEY MIGRANT CENTRE

St Mary's Church, Spensley Walk, Stoke Newington Church Street, N16 9ES

info@hackneymigrantcentre.org.uk

Wed: 12.30–3.30pm

Free advice and support for refugees and migrants

AD, AH, BA, FF

DAY CENTRES AND DROP-INS

ACE OF CLUBS (16+)

St Alphonsus Rd, Clapham, SW4 7AS. 020 7720 2811/0178

Mon–Fri: 12noon–3pm

www.aceofclubs.clapham.org

A, AH, BS, BE, CL, DT, F, L, LA, MS, MH, OW, TS

ACTON HOMELESS CONCERN

Emmaus House, 1 Berrymead Gardens,

Acton. 020 8992 5768

Call for opening times

A, B, BA, CL, D, DT, ET, F, FC

BROADWAY DAY CENTRE

Market Lane, Shepherds Bush, W12

020 8735 5810. Mon, Wed, Thu, Fri:

10 - 11am (drop-in); 2 – 4pm (groups & appointments)

A, AD, AH, BA, BS, CL, D, DA, ET, F, FC, IT, L, LA, MS, MH, SH, TS

BROMLEY 999 CLUB

424 Downham Way, Downham, BR1 5HR.

020 8698 9403

Mon–Fri: 10am–5pm,

AD, L, FF

CAMDEN SPECTRUM (THAMES REACH)

6 Greenland St, Camden Town, NW1

020 7267 4937

Mon–Fri: 9.30am–7pm

A, AH, BS, C, CL, D, FC, L, MH, MS, TS

CHELSEA METHODIST CHURCH

155a Kings Road, SW3 5TX

020 7352 9305

Mon, Tues & Thu: 9am–3.45pm

F, L

CHURCH ARMY (WOMEN ONLY)

1–5 Cosway St, NW1

020 7262 3818

Mon–Thurs: 9.30am–12pm (advice);

12pm–3.30pm (drop-in); 12 noon–1pm (sandwiches).

AC, AH, BA, BS, C, CA, CL, ET, FF, IT, L, LA, LF, MD

THE CONNECTION AT ST MARTIN'S (CSTM)

12 Adelaide St, WC2

020 7766 5544

Mon - Fri: 9am - 12.30pm (12pm Wed).

Various afternoon sessions from 1pm (except Wed). Weekends: (Limited to rough sleepers, by invitation).

A, AC, AH, BA, BS, CA, CL, D, EF, ET, F, FC, IT, MD, MH, MS, OW

CROYDON RESOURCE CENTRE

70a Wellesley Rd, Croydon, CR0 2AR.

020 8686 1222

Mon-Fri: 10am-3pm

AH, BA, CA, CL, ET, F, IT, LA

CRICKLEWOOD HOMELESS CONCERN

60 Ashford ROAD, NW2 6TU

020 8208 8590

info@chc-mail.org

Homeless drop-in: 28a Fortuneigate Rd, Craven Park, NW10 9RE

Tues & Fri: 10am-2.30pm; Weds & Thurs: 12.30-2.30pm

Mental health drop-in: in flat above St Gabriel's Hall

77 Chichele Rd, Cricklewood, NW2 3AQ.

Tues-Fri: 10am-12 noon.

AC, AH, BA, BS, IT, L, MS, OL

DEPTFORD CHURCHES CENTRE

Speedwell St, Deptford

020 8692 6548

Mon, Tues, Thu & Fri: 9am - 3.30 pm

A, AC, AD, AH, B, BA, BE, BS, C, CA, CL, D, DA, DT, EF, ET, FF, L, LA, LF, MD, MH, MS, OL, TS

DIVINE RESCUE

Thurlow Lodge, 1 Thurlow Street, SE17 2US,

020 3489 1765

Mon: 10am-6.30 pm; Tue-Fri: 10am-5pm

AC, AD, AH, BA, C, CL, FF, MD, OW

EARLS COURT COMMUNITY PROJECT

Ungoing renovation until 2012, but still open at: St Barnabas Church, 23 Addison Road, W14 8LH

020 7471 7030

Tue & Wed: 2 - 4pm

CL, FF

HACKNEY 180 FIRST CONTACT & ADVICE (THAMES REACH)

Hackney Methodist Church

219 Mare St, E5

0208 985 6707

Mon-Thurs: 8am-9.30am (breakfast club)

THE HAVEN CLUB

At the Holy Cross Centre (See below).

Mon: 6pm-10pm

For self-treating drug & alcohol users: no using on day or no entry

HOLY CROSS CENTRE

The Crypt, Holy Cross Church

Cromer St, WC1 **020 7278 8687**

Mon: 2pm-5pm; Tues: 6-9pm; (ticket required) Thurs: 5-8pm (Italian speakers session); Fri: 12 noon-3pm (refugees and asylum seekers session).

AC, AH, FF, IT, LA, LF, MH

HOMELESS ACTION IN BARNET (HAB)

36B Woodhouse Road, N12 0RG

020 8446 8400

Mon - Fri: 12noon - 3pm (drop in); Mon,

Tues & Thur: 9am - 12noon (rough sleepers only); Wed: 9am - 12noon (women's group)

AD, AH, BA, BS, CL, F, L, TS

LONDON JESUS CENTRE

83 Margaret St, W1W 8TB

0845 8333005

Mon - Fri: 10am - 12.30pm

BS, CL, F, IT, L

MANNA DAY CENTRE

6 Melior St, SE1

020 7403 1931

Every day: 8.30am-1.30pm

AH, BA, BS, BE, CL, DT, FF, FC, MH, MS, OL, TS

NEW CROSS 999 CLUB

All Saints, Monson Rd, SE14

020 7732 0209

Mon-Fri: 10am-5pm

AD, ET, FF, L, LA

NEW HORIZON YOUTH CENTRE (16 - 21 YEAR OLDS)

68 Chalton Street, NW1 1JR

020 7388 5560

Daily: 10.30am-4pm

AC, AH, C, CA, ET, LA, MS, MD, OW

NO 10 - DROP IN CENTRE (SALVATION ARMY)

10 Princes Street, W1B 2LH

020 7629 4061

Tue, Wed, Fri: 2.30-4pm (advice & enquiries);

Mon: 3-5.30pm (advice & enquiries, film group); Tue: 2.30-4pm (reading group); Wed: 5.30-8pm (drop-in - soup & sandwiches); Fri: 12.30am-2pm (table tennis club)

AH, BA, CL, LA

NORTH LONDON ACTION FOR THE HOMELESS (NLAH)

St Paul's Church Hall, Stoke Newington Rd, N16 7UE (Entrance on Evering Road)

020 8802 1600

Mon: 12noon-1.30pm; and Wed: 7-8.30pm

BA, BS, CL, FF

THE PASSAGE (25+)

St Vincent's Centre, Carlisle Place, SW1P

020 7592 1850

Mon-Fri: 8am-12pm (for rough sleepers); 12-2pm (Lunch); 2-6pm (appointments); 4.30-6pm (verified rough sleepers - by invitation); Sat-Sun: 9am-12noon.

A, AH, BA, CA, CL, D, ET, F, FC, IT, L, MH, MS, TS

PROVIDENCE ROW / THE DELLOW CENTRE

82 Wentworth St, Aldgate, E1 7SA

020 7375 0020

Mon-Fri: 9.30am-12noon (8.30am for verified rough sleepers) & 1.30-3.30pm (appointments & activities)

A, AC, AH, BA, BS, C, D, ET, FF, IT, L, LF, LS, MH, NE, OL, SH

KEY

<i>A</i> Alcohol workers	<i>B</i> Barber	<i>CA</i> Careers advice	<i>EF</i> Ex-forces
<i>AC</i> Art classes	<i>BA</i> Benefits advice	<i>CL</i> Clothing store	<i>EO</i> Ex-offenders
<i>AD</i> Advocacy	<i>BE</i> Bedding available	<i>D</i> Drugs workers	<i>ET</i> Education/training
<i>AH</i> Accommodation/housing advice	<i>BS</i> Bathroom/showers	<i>DA</i> Debt advice	<i>F</i> Food
	<i>C</i> Counselling	<i>DT</i> Dentist	<i>FF</i> Free food

<i>FC</i> Foot care	<i>LS</i> Luggage storage
<i>IT</i> Internet access	<i>MD</i> Music/drama
<i>L</i> Laundry	<i>MH</i> Mental health
<i>LA</i> Legal advice	<i>MS</i> Medical/health services
<i>LF</i> Leisure facilities	

<i>NE</i> Needle exchange
<i>OL</i> Outreach worker links
<i>OW</i> Outreach workers
<i>SH</i> Sexual health
<i>TS</i> Tenancy support



SANKTUS

4 Lady Margaret Road, NW5 2XT
Entrance in Falkland Road
020 7485 9160 Mon, Wed, Fri: 2–3pm;
Sun: 3–4pm
BS, CL, FF, H

SHOREDITCH COMMUNITY PROJECT (SCT)

St Leonard's Church, Shoreditch High St, E1, **020 7613 3232**
Mon & Wed; 9.30am–12.30pm;
Tues: 2–4pm
FF, BA, OL

SIMON COMMUNITY

1 Hilldrop Road, Camden, N7 OJE
020 7607 9534
Mon, Wed & Fri: 11am–3.30pm
AH, B, BS, CL, FF, IT, L, MD, OW

"We play music, we listen to music, we talk about music. Free keyboard tuition. Singing songs. Eating sandwiches. 10am–12noon & 12.30–2.30pm, every Tuesday @ Hilldrop Road"

SOUTHWARK SALVATION ARMY

1 Princess Street, SE1 6HH
020 7928 7136
Wed: 10.30am–2pm (drop in with showers and advice) and Thu 10.30am–2pm
Thu: 10.30am–2pm (advice session by appointment only)
AD, AH, BS

SPIRES CENTRE

8 Tooting Bec Gardens, SW16 1RB
020 8696 0943
Mon: 8am–12noon (women only);

Tues: 9–10.30am (rough sleepers only), 10.30am–2pm (drop-in); Wed: 10am–12noon (rough sleepers only); Thu: 9am–1pm (rough sleepers only); Fri: 9–10.30am (rough sleepers only); 10.30am–1.30pm (women only)
Mon-Fri adult learning courses - contact Spires for more info.

A, AD, AH, BA, BS, C, CL, D, ET, FC, FF, LA, LF, MD, MH, MS

ST CHRISTOPHER'S CENTRE

Lime Grove Resource Centre, 47 Lime Grove, W12 Please call for opening times:
020 8740 9182
AC, BS, CA, ET, FC, IT, L, MS

ST CUTHBERT'S CENTRE

The Philbeach Hall, 51 Philbeach Gdns, Earls Court
020 7835 1389
Mon–Fri: 10.30am–3.30pm
AC, AH, BS, C, CL, F, IT, L, OL

ST STEPHEN'S CHURCH (THE MANNA)

17 Canonbury Rd, N1 2DF
020 7226 5369
Tues: 7–9pm (drop-in); Weds: 1–3pm (drop-in – B and FC); Fri: 10am–12noon (key work session)
BS, CL, FF, L

THE TAB CENTRE

20 Hackney Rd, Shoreditch, E2
020 7739 3076
Friday: 9am–12noon, *F*

TRIUMPHANT CHURCH INTERNATIONAL

136 West Green Rd
South Tottenham, N15 5AD
020 8800 6001 Sun: 10–11am (open drop-in) *AD, C, FF*

UNION CHAPEL (MARGINS)

Compton Terrace, Upper Street, N1 **020 7359 4019**
Sun: 3pm–5pm
AH, BS, CL, FF, L, LA, LF

UPPER HOLLOWAY BAPTIST CHURCH

11 Tollington Way, N7
020 7272 2104
Mon: 10am–1pm
CL, FF, LF

UPPER ROOM, ST SAVIOUR'S

Cobbold Rd, W12
020 8740 5688
Mon: 1–6pm (UR4Jobs); Tue–Thu: 5.30–6.45pm; Fri: 1–6pm (UR4Jobs); Sat–Sun: 12.30–1.30pm
A, AC, AH, BA, C, CA, CL, D, ET, IT, FF, OL

WEBBER STREET (FORMERLY WATERLOO CHRISTIAN CENTRE)

6–8 Webber St, SE1 8QA
020 7928 1677
Mon–Sat: 9am–12noon
AS, B, BA, BS, BE, CL, FF, LA, MH, MS, OL

THE WELCOME PROJECT

11 Green Lane, Essex, IG1 1XG
020 8220 4111



Tue & Thur: 12.30–3pm; Wed & Fri: 10.30am–3pm
AH, BA, BS, CL, FF, L

WEST LONDON DAY CENTRE

134–136 Seymour Place, W1H
020 7569 5900
Mon–Fri: 8.45–10am (rough sleeper's drop-in); 10am–11.30am (drop-in, hostel residents join); 11.45am–12.45pm (advice, appointments only); Mon & Thur: 1.30–3.30pm (drop-in for those with tenancies)
AC, BA, BS, C, CL, F, FC, IT, L, LS, MS, OL, TS

WHITECHAPEL MISSION

212 Whitechapel Rd, E1
020 7247 8280
Daily: 6–11am (cooked breakfast 8am–10am); Sat: 12noon–2.30pm (women only)
AD, AH, B, BA, BS, BE, CL, C, DA, D, F, IT, OL, TS

WOMEN@THE WELL

54–55 Birkenhead Street, Kings Cross, WC1H 8BB
020 7520 1710
Women Only
Mon–Fri (drop in): 12noon–4pm open only to women who are rough sleeping, involved in prostitution, using drugs/alcohol, offending. Weds – open access to women.
AD, AH, BA, BS, CL, C, DA, FF, L, LA, SH

THE 999 CLUB

21 Deptford Broadway, SE8 4PA
020 8694 5797 Mon-Fri: 9.30am–5pm
A, AD, AH, B, BE, C, CL, D, DA, F, FF, L, LA, MS, MH, OW, SH, TS

KEY

<i>A</i> Alcohol workers	<i>B</i> Barber	<i>CA</i> Careers advice	<i>EF</i> Ex-forces
<i>AC</i> Art classes	<i>BA</i> Benefits advice	<i>CL</i> Clothing store	<i>EO</i> Ex-offenders
<i>AD</i> Advocacy	<i>BE</i> Bedding available	<i>D</i> Drugs workers	<i>ET</i> Education/training
<i>AH</i> Accommodation/housing advice	<i>BS</i> Bathroom/showers	<i>DA</i> Debt advice	<i>F</i> Food
	<i>C</i> Counselling	<i>DT</i> Dentist	<i>FF</i> Free food

<i>FC</i> Foot care	<i>LS</i> Luggage storage
<i>IT</i> Internet access	<i>MD</i> Music/drama
<i>L</i> Laundry	<i>MH</i> Mental health
<i>LA</i> Legal advice	<i>MS</i> Medical/health services
<i>LF</i> Leisure facilities	

<i>NE</i> Needle exchange
<i>OL</i> Outreach worker links
<i>OW</i> Outreach workers
<i>SH</i> Sexual health
<i>TS</i> Tenancy support



DOMESTIC VIOLENCE

ASHA PROJECT

13 Shrubbery Road, SW16 2AS

020 8696 0023 Mon–Fri:

9am–5pm

For asian women fleeing domestic violence **AD**

DOMESTIC VIOLENCE HELPLINE

0808 2000 247

DRUGS / ALCOHOL

ADDACTION (HARM REDUCTION TEAM)

228 Cambridge Heath Rd, E2

020 8880 7780

Drop-in: Mon, Fri 10am–4pm; Tues, Wed & Thurs 12noon–6pm;

Closed each day 1.30pm–2.15pm

D, OL, MS, NE, SH

BLACKFRIARS ROAD CDAT TEAM

151 Blackfriars Rd, SE1 8EL

020 7620 1888/ 6500

Mon: 2pm–4pm (drop-in)

MH, MS, NE

CENTRAL AND NW LONDON SUBSTANCE MISUSE SERVICE

282 North End Rd, SW6 1NH

020 7381 7700

Mon–Fri: 9am–5pm

C, MS

DRUGLINK

103a Devonport Rd, Shepherds Bush,



W12 8PB

020 8749 6799

Mon–Fri: 10am–5pm (needle exchange and telephone service); Mon & Fri: 2pm–5pm & Wed: 3pm–6pm (drop-in)

C, D, OL, NE

EAST LONDON DRUG AND ALCOHOL SUPPORT SERVICES

Capital House, 134–138 Romford Road, Stratford, E15 4LD

020 8257 3068

Drug and Alcohol Service for London (DASL) provides free and confidential services to anyone who has concerns about their own or another person's drug or alcohol use, working with people from Newham, Tower Hamlets, Redbridge and Bexley and Greenwich.

A, C, D

FRANK

Free 24-hr drug helpline

0800 776 600

NEEDLE EXCHANGE VAN

White van under Centrepoint Tower, Tottenham Court Road

Mon–Fri: 4 - 7pm

SOUTH WESTMINSTER DRUG AND ALCOHOL SERVICE (TURNING POINT)

32a Wardour St, W1D 6QR

020 7437 3523

Mon–Fri: 10am–6pm, open access
12noon–5pm (except Wed 1–5pm); Sat:
11am–5pm, open access 12noon–5pm

Meetings every night from 6pm, including AA, NA, LGBT AA and SMART recovery, except Wed, with is Steroid Service 6–9pm.

C, D, FF, IT, LA, MH

www.turning-point.co.uk

WANDSWORTH DRUG PROJECT

86 Garratt Lane, SW18 4DB

020 8875 4400

Mon–Fri: 1–5pm; Sat: 1–4pm

A, AC, AD, AH, CA, C, D, NE, OB, SH

WESTMINSTER DRUG PROJECT (WDP)

470–474 Harrow road, W9 3RU

020 7266 6200

Mon–Fri: 10am – 12.30pm (appointments and needle-exchange); 1–5pm (open access)

AD, AH, C, D, NE, OB, SH

184 CAMDEN

184 Royal College Road, NW1 9NN

020 7485 2722

Mon: 10am–3pm; Tue & Thu: 10am–

8.30pm; Wed & Fri: 10am–5.30pm

AH, BA, C, D, ET, MS, NE

EASTERN EUROPEANS

EAST EUROPEAN ADVICE CENTRE

Palingswick House, 241 King Street, W6 9LP

020 8741 1288

Open weekdays 10am–12pm & 2–3pm, for appointments; closed Wed Ring for appointment

EASTERN EUROPEAN DRUG AND ALCOHOL SUPPORT

Emmanuel's Church, Forest Gate,

E7 8BD, 020 8257 3068

Support for drug and alcohol treatment, advice, contact with other agencies; Thur: 5–7pm

UR4JOBS

Upper Room, St Saviour Church, Cobbold Road, W12 9LN

020 8740 5688

07967 312207 (English)

07772 565815 (Romanian)

07772 473554 (Polish)

Mon–Fri: 5.30–6.45pm (hot supper); Mon & Tue: 12noon–5pm (Migrants workers job club)

Help in finding work and education

www.ur4jobs.co.uk

C, ET, FF

ELDERLEY PEOPLE

If you can't find it here, it'll be on our website – www.thepavement.org.uk

EX-FORCES

AWOL?

Call the 'reclaim your life' scheme from SSAFA 01380 738137 9–10am Monday to Friday (answering machine for call back outside these times)

HOME BASE

158 Du Cane Road, London, W12 0TX

020 8749 4885

www.cht.org.uk

Monday–Friday: 9.30am–5.30pm

Accommodation for 21 ex-service men and women aged 18–55 who are homeless

KEY

A Alcohol workers	B Barber	CA Careers advice	EF Ex-forces
AC Art classes	BA Benefits advice	CL Clothing store	EO Ex-offenders
AD Advocacy	BE Bedding available	D Drugs workers	ET Education/training
AH Accommodation/housing advice	BS Bathroom/showers	DA Debt advice	F Food
	C Counselling	DT Dentist	FF Free food

FC Foot care	LS Luggage storage
IT Internet access	MD Music/drama
L Laundry	MH Mental health
LA Legal advice	MS Medical/health services
LF Leisure facilities	

NE Needle exchange
OL Outreach worker links
OW Outreach workers
SH Sexual health
TS Tenancy support



or potentially homeless. Require proof of military service. Phone, call in or write

ROYAL BRITISH LEGION

08457 725 725

Ring the Legionline to see how they can help ex-servicemen and women

VETERANS AID

40 Buckingham Palace Rd, Victoria
020 7828 2468

A, AH, BA, CL, D, EF

VETERANS UK

0800 169 2277

Free help and advice for veterans and access to dedicated one-to-one welfare service. www.veterans-uk.info

EX-OFFENDERS

If you can't find it here, it'll be on our website – www.thepavement.org.uk

FOOD / SOUP RUNS

AGAPE

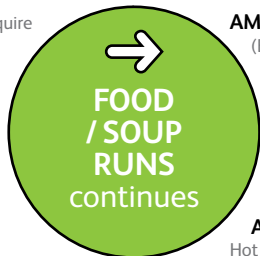
Waterloo Bridge, North Side
Wed: 8pm. Sandwiches, teas and coffees

ALL SAINTS CHURCH

Carnegie St, N1 020 7837 0720

Tues & Thu: 10am–12noon

Cooked breakfast



AMERICAN CHURCH

(Entrance in Whitfield St)
79a Tottenham Court Rd,
W1T

020 7580 2791

Mon–Sat (except Wed):
10am–12noon

AC, CL, FF

ASLAN

Hot food and sandwiches for early risers. Sat 5.30am–8.30am

– Covent Garden, Milford Ln, Surrey St,
Strand & Waterloo.

BLOOMSBURY BAPTIST CHURCH

235 Shaftesbury Ave, WC2 8EP

020 7240 0544

Sunday: Roast lunch 1pm
10.30am for ticket (very limited)

THE CABIN

St Gabriel's Community Centre
21 Hatchard's Road, N19 4NG

020 7272 8195

Daily: 1030-1130am; Thu: 12noon (lunch)

CAMDEN ROAD BAPTIST CHURCH

Hilldrop Road, Holloway, N7 0JE

020 7607 7355 Thu: 10.30am–12noon

THE CARPENTERS

TMO Community Hall, 17 Doran Walk,
Stratford, E15 2JL 020 8221 3860

Every Tuesday; 10am–12pm

CHALK FARM SALVATION ARMY

10-16 Haverstock Hill, NW3 2BL

Mon: 6–8pm (men's group); Weds: 7.30–
9pm (open drop-in) FF, CL

EALING SOUP KITCHEN

St Johns Church Hall, Mattock Lane
Friday: 11am-4pm; Sat and Sun: 3.30-5pm.
They also give practical help/housing
advice

EMMANUEL CHURCH

Forest Gate, E7 8BD (corner of Romford Rd
& Upton Lane)

Thurs: 7.30am (cooked breakfast)

FAITH HOUSE (SALVATION ARMY)

11 Argyle Street, King's Cross (near Burger
King), WC1H 8EJ

020 7837 5149

Tues: 5–6pm (women's drop-in); Weds:
1–3pm (women's drop-in); Fri: 11am–1pm
(women's brunch & discussion group)
nb. Mon and some Wed sessions now
held at Chalk Farm Salvation Army - listed
above. FF, CL

FARM STREET CHURCH

Thurs: 8–10.30pm

Three routes: Oxford Street route – Davies
Street; Bourdon Street; South Moulton
Street; Oxford Street; top end of Regent
Street to Hanover Street; Hanover Square;
New Bond Street

Berkeley Square route – Berkeley Square;
Berkeley Street; Green Park tube; Piccadilly
Hyde Park Corner route – Mount Street;
Park Lane underpasses; Shepherds Market;
Curzon Street

FIRST STEPS

King George's Hostel, 75 Great Peter Street

Thurs: 8.30-10pm

Hot meals, soup, fruit and cake

FOOD NOT BOMBS

The Narroway, Hackney Central
Every second Sat: 5–6pm

GEFFRYE COMMUNITY CENTRE

Geffrye Estate, Falkirk Street, N1 6SD
07527 789827

Soup kitchen every Thursday 12 noon

GOOD SAMARIA NETWORK

Sun & Mon: 6.30-8pm;

King George's hostel, 72 Great Peter
Street, SW1P 2BN

HARE KRISHNA FOOD FOR LIFE

The Hare Krishna food run provides
wholesome and tasty vegetarian meals
from Soho and King's Cross Temples. The
former can be found at Lincoln's Inn Fields,
Mon–Fri; 7:15pm, finishing at Temple if
there's food left. The latter from Mon–Sat,
all year round: 12pm: Kentish Town (Isip
Road); 1pm: Camden (Arlington Road);
2pm: King's Cross (York Way)

HOUSE OF BREAD – THE VISION

Second and fourth Sunday in the month
(6.45am onwards) – Hot food; note that
an excellent full cooked breakfast is served
on the second Sunday. On the Strand
(Charing Cross end, outside Coutt's).

IMPERIAL COLLEGE

Serving sandwiches and hot beverages on
Sunday evenings (8–9.30pm)
at Lincoln's Inn Fields.

KEY

A Alcohol workers
AC Art classes
AD Advocacy

B Barber
BA Benefits advice
BE Bedding available
BS Bathroom/showers
C Counselling

CA Careers advice
CL Clothing store
D Drugs workers
DA Debt advice
DT Dentist

EF Ex-forces
EO Ex-offenders
ET Education/training
F Food
FF Free food

FC Foot care
IT Internet access
L Laundry
LA Legal advice
LF Leisure facilities

LS Luggage storage
MD Music/drama
MH Mental health
MS Medical/health
services

NE Needle exchange
OL Outreach worker links
OW Outreach workers
SH Sexual health
TS Tenancy support



JESUS ARMY

National Portrait Gallery, near Trafalgar Square. Second full week of the month, Mon–Wed: 9pm

KINGS CROSS BAPTIST CHURCH

Vernon Square, W1 **020 7837 7182**
Mon: 11am–2pm;
Tue: 11.15am–1pm, Open for breakfasts

LIFE BREAD

Emmanuel Pentecostal Church,
374 Lee High Road, SE12 8RS
A hot meal every Tuesday 6–8pm

LIGHTHOUSE CHAPEL INTERNATIONAL

King George's Hostel, 75 Great Peter Street, Fri: 8.30pm

LINCOLN'S INN FIELDS

Mon–Fri: 7.15pm; Many vans with food and occasionally clothing. Sat–Sun: 6.15pm onwards

THE LION'S CLUB OF FAIRLOP

Charing Cross, Strand
Second & fourth Sun: 6pm
Hot indian food

THE LONDON RUN

Mondays (including bank holidays). Van with tea/coffee, sandwiches, eggs, biscuits, soft drinks, clothes, and toiletries: The Strand, opposite Charing Cross police station: 8.45pm; Catton Street (Nr. Holborn) & Lincoln's Inn Fields: 9pm; Temple: 9.30pm; Waterloo (St John's Church): 10.15pm

KEY

A	Alcohol workers	B	Barber	CA	Careers advice	EF	Ex-forces
AC	Art classes	BA	Benefits advice	CL	Clothing store	EO	Ex-offenders
AD	Advocacy	BE	Bedding available	D	Drugs workers	ET	Education/training
AH	Accommodation/housing advice	BS	Bathroom/showers	DA	Debt advice	F	Food
		C	Counselling	DT	Dentist	FF	Free food

LONDON CITY AID

Tothill Street, Second Wednesday of the month: 8.30–11pm
Food, bedding, clothes and toiletries

LOVE TO THE NATIONS MINISTRIES

Charing Cross, Strand
Every second Sun: 4pm

LOVE STREATHAM

388 Streatham High Street, SW16 6HX
Mon: 7–9pm Food parcels given out

MEMORIAL BAPTIST CHURCH PLAISTOW

389–395 Barking Road, E13 8AL
020 7476 4133, Sat: 8am–12pm
Full English breakfast

MISSIONARIES OF CHARITY

Mon: Spitalfields (9.30pm) & TBC (10pm)

MUSWELL HILL CHURCHES

2 Dukes Ave, N10 2PT **020 8444 7027**
Sun–Thurs; 7.45–8.45pm

NEW LIFE ASSEMBLY

A run in Hendon, that comes into the West End once a month.

NIGHTWATCH

At the fountain in the Queens Gardens, central Croydon. Every night from 9.30pm. Sandwiches and hot drinks

OPEN DOOR MEAL

St James the Less parish centre, Vauxhall Bridge Road, behind the Lord High

Admiral public house.

An established service, providing a two-course hot meal served at table.
Alternate Thursdays during term-time;
7–9.30 pm
B, CL, FF

OUR LADY OF HAL

165 Arlington Rd, NW1, **020 7485 2727**
Tues, Weds, Fri & Sat: 12.45pm–2pm

PETER'S COMMUNITY CAFÉ

The Crypt, St. Peter's Church, De Beauvoir Road, N1, **020 7249 0041**
Mon–Wed: 12noon–6.30pm

RICE RUN

The Strand, Fri: 9–10pm
Rice and Chicken, or savoury rice

THE SACRED HEART

This run from Wimbledon has several teams coming up once a month with sandwiches and hot beverages around 9pm. Every Tuesday at Spenser Street and Friday at Christchurch Gardens, both in Westminster

SAHJU VASWANI

Lincoln's Inn Fields, Wed: 8–8.30pm
A great curry!

SAI BABA

Coram's Fields (3rd Sun of month); 11am–1pm, Vegetarian meal and tea

SEVENTH DAY ADVENTISTS

Lincoln's Inn Fields, Sun: 7pm

SILVER LADY FUND (THE PIE MAN)

Van behind the Festival Hall or on Southwark Bridge Road – from 5am

SIMON COMMUNITY

Tea Run: Sun & Mon (6–9.30am): St Pancras Church 6.30am; Milford Lane 6.45am; Strand 7am; Southampton Road 7.30am; Grosvenor Gardens 8.30am; Marble Arch (Sunday) 9am
Soup Run: Wed & Thurs (8pm–10.30pm): St Pancras Church 8.15pm; Hinde Street 8.45pm; Maltravers Street 9.15pm; Waterloo 9.45pm
Street Café: St Giles-in-the-Fields, St Giles High Street, WC2 (next to Denmark Street) – Sat (2–4pm) & Sun (1.15–3.15pm)
www.simoncommunity.org.uk

ST ANDREW'S CHURCH

Star Centre, Greyhound Road, W14 9SA
Sat 10.30am - 1pm
Hot food, sandwiches and clothing
FF, CL

ST IGNATIUS CHURCH

Lincoln's Inn Fields
Sat: 7.45pm

ST JOHN'S EALING

Mattock Lane, W13 9LA
020 8566 3507
Sat & Sun: 3.30–5pm
Also: Advice service Thur & Fri 10am–4pm
– Ealing Churches workers

ST JOHN THE EVANGELIST

39 Duncan Terrace, N1 8AL
020 7226 327, Tue–Sat: 12.30–1.30pm

FC	Foot care	LS	Luggage storage
IT	Internet access	MD	Music/drama
L	Laundry	MH	Mental health
LA	Legal advice	MS	Medical/health services
LF	Leisure facilities		

NE	Needle exchange
OL	Outreach worker links
OW	Outreach workers
SH	Sexual health
TS	Tenancy support



ST MONICA'S CHURCH

Temple Station. First, third and fourth Tue of the month: 8.30pm

ST THOMAS OF CANTERBURY

Lincoln's Inn Fields
Second and last Wed of the month: 9pm
Sandwiches, drinks, cake and clothes

ST VINCENT DE PAUL

Lincoln's Inn Fields, Tue & Thu: 7.30pm

STEPS OF FAITH

Victoria area, Thurs: 8–10pm
Walking around with food

STREETLYTES

Tue: 6.30-9pm, King George's hostel, Victoria; Wed: 9pm; outreach on Bush Green, Shepherd's Bush; Thu: 6-9pm; Salvation Army Centre, 205 Portobello Road, W11; Every other Saturday: 2-9pm, King George Hostel (hot meal, sandwiches, fruit, clothing, hygiene kits and referral to rent deposit scheme); Sun: 6pm; outreach on Bush Green, Shepherd's Bush
www.streetlytes.org

SW LONDON VINEYARD/KING'S TABLE

Sun 2.30pm–4.30pm beneath Waterloo Bridge (Embankment). Good hot stews and potatoes.

TEEN CHALLENGE

Mon - Sat: 9 – 11pm; Mon, Whitechapel; Tue, Hackney Central Station; Wed, Brixton Town Square; Thu, Ealing Tube Station; Fri, Waterloo (St John's Church); Sat, Stratford

Central Baptist Church. Also now run drop-ins - call for details **020 8553 3338**

UR4MEALS

Upper Room, St Saviour Church, Cobbold Road, W12 9LN
Mon-Fri: 5.30-6.45pm (hot supper)

URBAN TABLE

A free meal and social time happens every Sunday from 2.30 - 4.30pm at the Round Chapel Church, Lower Clapton Road & Powerscroft Road, Hackney

WYCOMBE & MARLOW GROUP

Lincoln's Inn Fields, Tue: 8.15pm
Food, drink and some sundries

WINNERS CHAPEL

King George's hostel: alternative Saturdays to Streetlytes

HEALTH / MEDICAL

There's not enough room in print, but this section will be back in a future issue. Until then you can find this information online at: www.thepavement.org.uk

HOMELESS PERSONS UNIT

If you can't find it here, it'll be on our website – www.thepavement.org.uk

LGBT

THE ALBERT KENNEDY TRUST

Unit 203 Hatton Square Business Centre, 16/16a Baldwins Gardens, EC1N 7RJ
020 7831 6562
Mon-Fri: 10am-4.30pm
Works with LGBT people 16-25, facing mistreatment or homelessness
AS, A, BA, C, H, TS
www.akt.org.uk

STONEWALL HOUSING

Housing advice for LGBT people of all ages
020 7359 5767 (advice line)
(Mon, Thu, Fri 10am–1pm; Tue & Wed 2–5pm)
www.stonewallhousing.org

MISCELLANEOUS

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NIGHT SHELTERS

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HOMELESS ORGANISATIONS

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WORK / TRAINING

DRESS FOR SUCCESS (WOMEN)

Unit 2, Shepperton House
89–93 Shepperton Road, N1 3DF
020 7288 1770
www.dressforsuccess.org/London
Smart clothing for job interviews

NEW HANBURY PROJECT (SCT)

3 Calvert Avenue, E2 7JP
020 7613 5636
Mon-Thu: 9.30am-4.15pm
Courses in: personal development, life skills, woodwork, DIY, art, IT, guitar, Spanish, cooking
C, ET, MC

TURNAROUND RESOURCE E1

Montefiore Centre, Hanbury Street, London, E1 5HZ
020 7247 9005
www.turnarounde1.org.uk
CA, ET, IT

YOUNG PEOPLE

CENTREPOINT

25 Berwick St, Westminster W1F 8RF
020 7287 9134/5
Ring first. Daily vacancies

GET CONNECTED

0808 808 4994
Free, confidential advice for young people (under 25): 1–7pm daily

KEY	A Alcohol workers	B Barber	CA Careers advice	EF Ex-forces
	AC Art classes	BA Benefits advice	CL Clothing store	EO Ex-offenders
	AD Advocacy	BE Bedding available	D Drugs workers	ET Education/training
	AH Accommodation/housing advice	BS Bathroom/showers	DA Debt advice	F Food
		C Counselling	DT Dentist	FF Free food

FC Foot care	LS Luggage storage
IT Internet access	MD Music/drama
L Laundry	MH Mental health
LA Legal advice	MS Medical/health services
LF Leisure facilities	

NE Needle exchange
OL Outreach worker links
OW Outreach workers
SH Sexual health
TS Tenancy support



What a waste

We don't keep our fresh, natural food overnight to sell the following day. We never have and we never will.

For years we've worked with registered charities helping the homeless by offering our unsold sandwiches to them at the end of each day.

Unfortunately, some still get chucked away.

(And that really upsets us.)

**If you know of a charity in need of good food,
please tell them to call Giovanna Pasini
on 020 7932 5425.**

★ **PRET A MANGER** ★