

the  
**FREE**  
monthly for  
homeless  
people

# thePavement

June 2014





**We had them fitted to deter lead thieves....**

# Dumping ground

Here at *The Pavement*, we regularly hear of people who are discharged from hospital, sometimes barely able to walk and dumped straight back on to the street. So we're delighted to see Healthwatch England take this up as the subject of its first inquiry. The more evidence they collect, the more powerful their call for change will be. So help us – and them – to make this better. Write, email or tweet and tell us your stories.

**Karin Goodwin**

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Cover image: Prince's Trust Hackney volunteers helped redecorate a room and landscape gardens for Stonewall Housing.

Find out more about Stonewall Housing and the difference they make to transgender people on p23.

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## Helen Montgomery

Age at disappearance: 45

Helen has been missing from Wirral since 6 August 2008.

Helen is 5ft 5in tall, of slim build with brown eyes and dark brown hair.

If you think you can help the search, please call or text Missing People on 116000 or email at 116000@missingpeople.org.uk

Helen, we would love to hear from you.

Call. Text. Anytime. Free.  
Confidential. 11600



# Your View

## In Memoriam

I want to say how touched and grateful I was to find out by chance that my brother's name was read out at a service at St Martin's last November.

He was on-and-off homeless for many years and had many personal problems. He sadly died last July.

I am still deeply saddened by his death but wanted to let you how much it meant to know he had been mentioned in that service.

To have people other than his family to care enough to do such a decent thing made me cry!  
*Christina Cooray*

## Twitter

@LangleyHseTrust: #FF @ThePavementMag - great concept, great work and love the twitter pic

@LiftStaff: @ThePavementMag Do you know of anyone who'd want to be an East European Peer Navigator?  
<http://www.liftpeople.org.uk/news/east-european-volunteers-needed/>

Write to to: PO Box 66737, Email us: [karin@thepavement.org.uk](mailto:karin@thepavement.org.uk), tweet us @ThePavementMagazine or message us on Facebook. [com/ThePavementMagazine](http://www.facebook.com/ThePavementMagazine)

# Upfront

## Healthwatch launches hospital discharge inquiry

A special fact-finding inquiry has been launched by Healthwatch England in order to shine a light on how badly things can go wrong after vulnerable people – including rough sleepers – are discharged from health and social care institutions.

The ‘People’s Inquiry’ will aim to lift the lid on the dangers of discharging tens of thousands of mental health patients and homeless or elderly people, who are often left without any support.

The consumer champion organisation said it comes in response to ‘disturbing’ stories that it has heard from people across the country, including homeless people discharged straight back on to the streets after major surgery and elderly dementia patients sent back to homes where there is no food or warmth.

Individuals who have first-hand experience of ‘unsafe discharge’ are key players in the team leading Healthwatch England’s first inquiry, since it was formed in 2012. Its recommendations will be made in the autumn.

*The Pavement* has raised concerns about the way that homeless

people are discharged from hospital on to the streets for many years.

A variety of London-based organisations and individuals have contacted the magazine with distressing stories of people who have slept rough while still recovering from serious illness or surgery.

Many charities across the UK have already taken up the issue. Last year, the UK government commissioned Homeless Link and St Mungo’s to write a report which found that 70 per cent of homeless people were discharged from hospital on to the streets.

The Healthwatch inquiry was one of the recommendations of the report and has been welcomed by St Mungo’s Broadway.

The inquiry will involve 148 local Healthwatch public hearings, site visits and focus groups to reach out to the public across the whole of the country.

The team of researchers will listen to and record the real life experiences of the discharge process and make recommendations about what can be done to improve the system.

Over one million people were subject to an emergency readmission to hospital last year within 30 days of having been discharged after an operation or treatment, a 27 per cent rise in adult emergency

readmissions over the last decade.

It has cost the NHS an estimated £2.4 billion.

According to research in 2010, in a six-month period 40 per cent of homeless people used Accident & Emergency at least once, and nearly a third were admitted to hospital. No figure has been put on the cost.

Healthwatch England are convinced that much of the suffering of homeless people, as well as those who are elderly and who have mental health problems, could be avoided with better planning.

Anna Bradley, chair of Healthwatch England, said: "Taking the time to ask patients about how they are going to cope when they return home and ensuring everyone has the support they need sounds simple, but all too often fails to happen.

"Sadly, it's when people fall through the gaps between the different health and social care services that serious problems occur, leading to unnecessary suffering for those involved and costing the taxpayer billions in additional care costs."

A number of pilot projects, including a 24-bed supported discharge project run by St Mungo's Broadway are also to be rolled out in coming months.

The project was also a key recommendation of the report, which proceeded the launch of the enquiry.  
*Emdad Rahman*

## Paul Wilson, homelessness expert on the Special Inquiry Advisory Group

"I never expected it to happen to me. I was married, had two kids, ran my own construction firm. But it all fell apart. My marriage broke down and I found myself on the streets. I remember that first night on the Strand; I felt strangely excited, like everything was going to be OK.

At the time I didn't realise it was going to take years. By this time I had a major drink problem – I was drinking several bottles of brandy a day. I'd sit on the street with a group of other guys. We didn't do anyone any harm and the police left us alone.

One day I was playing American football with a bottle of brandy and I snapped my ligaments. I was taken to hospital and given the very best treatment. And then at the end, I was discharged straight back on to the street. The nurse knew I couldn't get a tube (I couldn't have got down the escalators), so they got me a taxi to the Strand.

I was dropped there with my carrier bags, out of my head on morphine tablets, and expected to recover from major surgery.

In the end, I went to a detoxing hostel – I was there for three months – and it was then that I got Cognitive Behavioural Therapy (CBT) at a project run by Broadway.



Paul Wilson, the inquiry's 'homelessness expert', has personal experience to draw on.

I was in supported housing and six months after that I was asked to be on Broadway's board. When they first asked me I laughed – I'm a Scouser, a builder. What do I know about being on boards? But they said: "You've been through it. You know what it's all about."

I was delighted to be asked to take part in this Healthwatch inquiry. The sad thing is that my experience is far from uncommon.

The thing about this inquiry is that it's six months long – that gives

us time to get to the nitty-gritty of what is really going wrong, and what could help to change it. It's no good if you can get treatment, but after that you can't get housing and have nowhere to recover. You will just end up back in hospital and it snowballs. It ends up in a vicious circle.

If all the different organisations can just find better ways of working together, of talking to one another, then we can get an awful lot done. And make an awful lot of difference."  
*Karin Goodwin*



Sara sells the *Big Issue* on the Strand while she rebuilds her life.

## Sara stars on the Stand

A new short documentary about a Spanish *Big Issue* vendor, based on the Strand and looking to rebuild her life, premiered at April's BAFTAs as part of a '1000 Londoners' documentary project.

Ten films from the project were shown last month, before being more widely released to play alongside feature films at Vue West (Leicester Square) and Vue Piccadilly in the capital.

One shows Sara, who is a ventriloquist performer in Spain, speaking of

her experiences living as a homeless person in London. She explains the dangers of abusive relationships as a female sleeping rough, and tells how one of her best friends injected her with heroin for the first time.

Now clean, she points to her arm in the film: "One of the first marks I got from heroin, and every time I watch it, I feel really proud of myself, because I know how far I've come."

The film highlights the positive impact that the *Big Issue* has made on her life, giving her an opportunity to interact with people, and she is shown at her pitch, entertaining passers-by. As she says, "It's nice when you see someone smiling early morning. It makes your day make sense."

*"I feel really proud of myself, because I know how far I've come."*

The 10 minute film, made by Brixton production company and social enterprise Chocolate Films, also shows her reflecting on her past situation, her reluctance to go backwards and suffer another breakdown. She talks of her hopes for her future life and career, including owning a puppy – someone to love that will love her back.

She is full of pride for the work that she does and where it may take her.

Chocolate Films say the project '1000 Londoners' aims to create a 'unique digital portrait', which will offer an insight into the lives of Londoners, whether they have been born and bred in the capital or lived there for just a week.

Each week, new films will be posted on their website, which aim to showcase a wide range of ages, religions, race, income, interests and opinions. Other films shown so far include the story of a Thames Water sewer worker, the UK's most prominent hula-hooper and a Green Party councillor who has done a PhD in lying and deception.

Chocolate Films said they chose Sara to: "showcase the worries, cares and concerns of the people we see every day but very rarely truly engage with."

A spokesman added: "Whilst Sara has gone through many hard times, this documentary shows a hopeful and vibrant woman starting to recover from a very difficult period of her life."

Sara said: "Since the film I've had other problems, but sometimes I watch the film and it makes me feel good. I look confident. You can see in the film how much I mean to people on the street. If I'm not there for the people when they are going to work, then people wonder why." *Emma Batrick*

## Legal bank access for all

Homeless people will be able to open a bank account without having to provide proof of address for the first time, under a new law passed by European Parliament.

The ruling also specifies that anyone legally residing in the EU cannot be denied the right to open an account on the grounds of nationality or residency.

It has been seen as an important step towards financial inclusion. Currently, many homeless people are denied access to a bank account because they don't have a fixed address, or have a poor credit history.

Advocates have highlighted the downsides of having access to cash only, as it can be more easily lost and stolen.

Not having a bank account also means people can lose out on savings made through direct debit plans for utility bills, for example, as well as making it more difficult to find a job or privately-rented accommodation.

"This directive is all about empowering users of common standard payment services," said lead MEP Jürgen Klute (GUE/NGL, DE) following the ruling, which was passed by 603 votes to 21. "Guaranteeing access to basic accounts to all consumers, including migrants and mobile citizens, will stimulate economic modernisation, facilitate

free movement and help the most disadvantaged in our societies."

A recent study carried out by the Joseph Rowntree Foundation called for better promotion of decent financial decision-making and better access to suitable products and services.

Tasmin Maitland, head of innovation and good practice for Homeless Link, explains: "Homelessness services are playing a big part in this; our annual review of the sector showed that 85 per cent of projects offer in-house advice services, including financial advice, and 30 per cent of clients are engaged in money management skills."

Although good progress has been made, there is still more that can be done to ensure the financial situation of those already vulnerable is not made worse by their current financial situation.

The research has shown that reforms recently made to the welfare benefits are having an impact upon homeless people. "We are concerned that the welfare system, instead of providing a vital financial safety net, may in some cases be pushing people even further into trouble".

To take effect, the new rules must be officially approved by the member states, which will then have 24 months to translate them into their national laws.

*Christina Clark*

**Need help?**[citizensadvice.org.uk](http://citizensadvice.org.uk)

## Happy ending as daughter finds missing dad

A daughter and her father have been reunited 36 years after he went missing, when someone who had met him in a London homeless shelter helped them to find each other.

Adele Greenacre, now 36, was an 11-week-old baby when her father Derek left the family home one morning in 1978 and never returned.

The family thought he was going to work at a nearby leisure centre where he was a manager, but at 11am they received a call from his secretary saying he hadn't arrived.

They spent the day searching, discovered his car parked in front of Nottingham Station and assumed that he had taken a train to London.

Nottinghamshire Police conducted an inquiry at the time but could not find Derek, then 33, who never made contact with his friends or family again.

But this spring Adele, now a mother of three, set up a Facebook appeal asking for information which might help her find her father, and posted an old photo of him on the site.

The appeal was shared 21,000 times, and within weeks Adele was contacted by a man living in Switzerland who said he knew her father, having met him while both

men were homeless at The Passage, a charity in central London.

After receiving her father's mobile number, Adele called him and found herself speaking to her father for the first time. The two have since met in person.

Despite her father's disappearance and refusal to contact her or her family, Adele says she is thrilled to have found him. She says that he has experienced memory problems, and has a two-year memory gap from the time he went missing.

"When I first got to his house, I was very thrown and very scared," she said.

"I knew I couldn't go and expect anything. But it worked out amazingly.

"We spent seven hours together and got on like a house on fire. It's been amazing, the best 24 hours of my life.

"I wasn't looking for answers. Just knowing him was enough for me.

"I want to thank each and every person who read and shared my post online, as without all of you, I would never have found him. It is a fairy tale ending and I am just so happy."

An estimated 250,000 people go missing each year according to the Home Office. Many had been undergoing employment or financial problems, whilst others had experience of homelessness.

*Katharine Hibbert*

## Stuck in the system

A recent report has revealed that almost a third of people living in homeless projects and ready to move on, are unable to because of a lack of affordable accommodation.

In many cases, the first step to getting on the housing ladder after being homeless is the homeless hostel. And love them or loathe them, they can help people to adjust to life before finding a house to rent so that they can support themselves.

However, research by Homeless Link found that 32 per cent of people living in hostels are unable to find anywhere to move on to.

What's more, that leaves a backlog of people desperate for supportive care. At present, there are 38,534 bed spaces in supported housing in England, and 72 per cent of projects have had to turn people away due to a lack of space.

The impact of such a shortage has been a rise in the number of people forced to sleep rough, with government figures indicating a five per cent rise over the past year and a shocking increase of 37 per cent since 2010.

As well as an increase in rough sleeping, the number of hostel places is decreasing. There are currently 1,104 fewer beds than last year, with the total number of bed spaces down by 12 per cent over the last four years.

And last month, it emerged that a further 100 beds were threatened in London alone.

Esther, a single mum of 25, told *The Pavement* of her struggle to move on from supported accommodation. "I moved to my supported accommodation in 2011 and lived there for about three years," she said.

While Esther is very pleased to have moved into her own place a few months ago, the lack of affordable housing meant that she was forced to move into a house that is over half an hour away from her son's school. Twice a day she must take the 80-minute round-trip to the school and back.

"The council couldn't find anywhere near my kid's school," she added. "Now [I have to spend so long travelling] I can't do anything during the day. Life is really hard for me."

Paul Noblet, head of public affairs at Centrepoint, a charity which works primarily with homelessness among young people, has called the shortage of affordable accommodation a "massive concern and simply must be addressed".

On the Homeless Link research, Noblet said some 9,000 young people are estimated to be unable to move on from hostels in England.

"After receiving help from charities like ours to tackle health problems, find work and learn valuable life-skills, young people again find themselves in limbo,"

he added. "Through no fault of their own, they are unwittingly blocking the hostel beds urgently needed by the most vulnerable."

Rick Henderson, the chief executive of Homeless Link, has called on the government to do more to help those in supportive care move into rented housing and free up bed space for those who require support.

## London hostels to close

Up to 100 homeless people will lose support and a place to sleep, after it emerged that two hostels in Soho, London, will have to close due to cuts in funding.

One of the hostels, in Great Chapel Street, is run by One Housing Group, a social housing provider and the other, in Greek Street, is managed by Centrepoint, a charity for homeless young people.

Both provided support for long-term rough sleepers and drug addicts, and had believed they were guaranteed funding until 2015. They are now expected to close by July.

Westminster Council, who cut their grants for 2015, said that there were other organisations locally who could better service their needs, and pointed to their under-use and poor repair as further evidence of the need to close them.

Kevin Dooley, a former addict who spent four years sleeping on the streets of Soho before

"We need a real commitment from the government to build more homes and work with suppliers and landlords to prevent homeless people from being shut out of the housing market," he said.

*Dan Falvey*

[www.homeless.org.uk](http://www.homeless.org.uk)

getting clean and qualifying as a drug counsellor, told the *West End Extra*: "Drugs and crime will increase if the hostels are closed.

"I know it's a cliché, but these hostels are a lifesaver. Closing them is going to increase homelessness."

Westminster has the highest number of rough sleepers in London and the council said they would channel the money from the closed hostels into services that help people "move towards independent accommodation".

Seyi Obakin, chief executive of Centrepoint, said: "We are working to ensure the transition to alternative accommodation is as smooth as possible." Kevin Beirne, group director of One Housing Group, said: "We share the council's concern that the building is not ideally suited for rough sleepers."

A council spokeswoman said: "We need to make sure that all services are meeting the complex and varied needs of those who need them."  
*Staff*



I'm trying to make friends meet...





Work by the young people of North London YMCA will go on show this month.

## Young people fund exhibit

A group of young people living in a YMCA hostel in North London have raised money to put on an exhibition of their photographs this month, by selling their own jams and chutneys.

The Accumul8 group, working with local festival director Marice Cumber, appealed for local residents to donate fruit and veg from their allotments and were overwhelmed with the response.

With Marice's help, they taught themselves to make the produce into jams and chutneys – including Moroccan apple and date chutney, apple pie jam and Membrillo quince jam – which they then sold at local

craft fairs.

The money they raised was spent on photography workshops, with photographer Kit Oates encouraging the young people to observe their surroundings, and passing on skills in how to use DSLR cameras.

The results will now be on show in two small exhibitions.

One participant Garfield, 26, said of the project: "Its the highlight of my week. It makes a change to watching TV, visiting the dole office or just hanging out at the YMCA day-in-day-out."

**See the exhibition in London at the Hot Pepper Jelly Café on Tottenham Lane and the foyer of the NLYMCA Gym, Elmfield Avenue, from 6–15 June.**

## 'Vital' funding slashed

Funding for a unique homelessness advice service has been cut for the third year in a row.

The National Homelessness Advice Service, which is run by Shelter and the Citizens Advice Bureau, has been told that it must run the service, but with a much reduced budget, according to *Inside Housing*.

Last week the Communities and Local Government (CLG) department released the bidding prospectus for the National Homelessness Advice Service, offering £3 million for 2015/16.

This equates to a more than three per cent cut to the 2014/15 funding, and nearly a 12 per cent cut over the three years since funding was announced.

At the launch of the service, then housing minister Grant Shapps said the £3.4 million budget was "vital to ensuring that when people ask for help, the practical advice and expertise is there".

The service offers over 200 charities and housing associations support and advice to ensure that they are able to provide clients with the correct and up-to-date information on all issues around homelessness and housing, from rent arrears to challenging evictions.

It also offers free housing training for local authority staff

on a range of topics including mortgage debt advice, housing benefit, domestic violence, and young people and homelessness.

There are fears that cuts to the service will impact on thousands of homeless people across the country. Six advisors were also made redundant by the CLG department in March last year.

Homelessness services are already facing a £20 billion shortfall due to reduced government funds, according to the Local Government Association.

A study by homelessness charity Crisis and the Joseph Rowntree Foundation in December showed rough sleeping rose by 13 per cent in London in 2012/13, and blaming the increase on front line service reductions following government cuts.

Last year Homeless Link raised its concerns in its 'Who is Supporting People Now', research report which warned that quality would be eroded, good staff would leave as wages fell, services would be lost and homeless people would suffer.

A spokesperson for Shelter said it was looking at the options for future funding but would not confirm whether it would bid for the latest contract. She added: "While we look at options for future funding it is business as usual."

Last year the charity posted a £5.2 million operating deficit.  
*Staff*



## Runaways to get support

A project which works to help prevent young runaways from becoming homeless in Tayside and Fife could be rolled out across Scotland.

The 'Safe and Sound' runaway project, run by Shelter Scotland in partnership with Relationship Scotland, tackles challenges faced by young people resulting from housing instability and family relationship breakdown.

In less than two years, the project has helped over 230 young people who have run away from home or are at risk of doing so, and prevented over a third of them becoming homeless at all.

It works with young people who have unstable family situations and might experience domestic violence and emotional difficulties. Many have been forced to leave their homes, or are threatened with having to.

The project's priority is to provide practical support for families and young people, helping them resolve the disputes and rebuild communication and trust between young people and their parents.

Shelter argues that 'Safe and Sound' provides a template which could be adopted across Scotland to help tackle the estimated 12,000 runaway incidents which occur each year and which most local support services are not set up or

resourced to deal with.

In an independent evaluation of the project last month, researchers praised the positive contribution of the project and recommended that a way of building capacity and meeting the needs of new families and young people was found.

Sarah Morton, report author and co-director of the Knowledge Exchange at the University of Edinburgh, said: "I have rarely been involved in evaluating a project that has been so positively endorsed by the people, referral agencies and partners using it.

"The challenge ahead is how to build on this success to ensure that young people at risk of homelessness are never left with no one to turn to."

Graeme Brown, director of Shelter Scotland, confirmed that the charity is looking to find ways in which similar services can be provided across Scotland.

"Today's runaways are tomorrow's young homeless people, so 'Safe and Sound's approach of early intervention is vitally important to prevent homelessness and address why children and young people run away," he added.

Minister for Children and Young People Aileen Campbell also praised the 'very positive results' of the service.  
*Emdad Rahman*

# News in brief

## Homeless news from the UK and across the world

### Glasgow's 'Homeless Cup' bid

Glasgow is aiming to bid to host the Homeless World Cup, according to a document – put together by the city's football taskforce – which looks at how to make football more accessible and affordable for all.

The document, which was launched at the Tesco Bank Football Challenge National Festival by Glasgow City Council leader Archie Graham last month, also aims to boast performance in Glasgow.

"Football is part of Glasgow's DNA," said Graham. "There are so many good things about football in Glasgow on which we can build and we have lots of dedicated individuals and clubs working at all levels who can help us achieve our aims."

Last month also saw the Scottish Homeless Cup kick off, with hundreds of players taking part in the Street Soccer Festival.

Former Rangers favourites Andy Goram and Mark Hateley, the team's current defender Steven Smith, and ex-Celtic and Scotland defender Tom Boyd all took part in the event, which featured regional men's and women's teams from across Scotland.

The squad for the Homeless World Cup, which takes place in Chile in October, was also selected at the event.

*Staff*

### Rough sleeper fears in Kent

A leading Kent charity fears homeless people may not get the support they need as it raises fears for the future of its rough sleeper outreach team, reports *Kent News*.

Porchlight says funding cuts have led to the number of outreach workers covering the county to fall to just six, half the number that it had a year ago.

Further cuts expected in 2015 will leave just four professional outreach workers covering one of the largest counties in England.

Chris Coffey, head of youth and community services at the charity, said the charity had helped 550 rough sleepers in the last year.

He added: "Our waiting list is now consistently over 50. With fewer staff on the ground and such a huge rural area to cover, we simply can't locate everyone who needs help."

*Staff*

## Grants given to rental scheme

Ministers have awarded a £2 million grant to fund a major charity's homelessness private rental programme.

The programme, run by homelessness charity Crisis, is designed to match good landlords with homeless people and help them with deposits and budgeting advice.

The additional £2 million from the Communities and Local Government department will support the scheme, which has funded 153 projects over the past three years, helping more than 8,000 homeless people find a stable home.

Crisis aims to help 2,250 homeless people find new homes over the next two years.

Leslie Morphy, chief executive of Crisis, said: "We know that private renting has the potential to provide decent and stable homes for homeless people. But many will struggle to do this on their own.

"The projects that Crisis supports are crucial. They help vulnerable people to find suitable, lasting tenancies while setting the standards for others to follow."

Kris Hopkins, housing minister, said the Government was determined to tackle homelessness and rough sleeping, and to helping vulnerable people start to rebuild their lives.

Staff

## Belfast records street deaths

At least five people who have used homeless services in Belfast have died since the start of the year, a homeless charity has said.

The Welcome Organisation told *the BBC* that rough sleepers are dying due to mental and physical illness caused or made worse by the harsh conditions, and has made its own count, though there are no specific statistics on those who die during or after a period of homelessness.

The life expectancy of a homeless person in Northern Ireland is around 47 years.

The number of people sleeping rough in Belfast is rising, according to latest statistics.

All homeless people must register with the Housing Executive before they are able to apply for a bed in a hostel – a process that can take weeks – and there is a limited number of beds in night shelters.

According to a report by homeless charity Crisis, one in 18 (5.7 per cent) of all adults in Northern Ireland had said they had experienced homelessness of some sort, having slept on the streets, in a hostel or in someone else's home.

Amongst reasons given for their homelessness were family breakdown and loss of jobs or benefits.

Staff

## Dublin tackles homelessness

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At least 127 people are sleeping rough on the streets of Dublin, as charities declare a housing crisis in the Irish capital.

Now the Government has promised an additional 900 places for homeless people every year for the next three years.

A plan was approved late last month that would see 2,700 housing units come from refurbished local authority stock and existing state buildings, new construction and property controlled by NAMA.

Minister for housing Jan O'Sullivan unveiled the government's plan to eliminate homelessness by 2016.

Official figures to be published later this week will show numbers sleeping rough in Dublin are down nine per cent on the winter period, but up 35 per cent on the same period last year.

The reduction over recent months follows a significant increase in the number of temporary beds and other emergency measures.

In April, it emerged that most hostels and homeless shelters had been operating at full capacity for several months, with many vulnerable people turned away on a nightly basis.

*Staff*

## Brazil calls for housing spend

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With just weeks until the 2014 World Cup, homeless demonstrators and their supporters have taken place in a series of high-profile protests.

The protesters from the Homeless Worker's Movement have blocked roads to the stadium and set buses alight, angry that its government is spending so much on the football tournament while failing to invest in housing and education.

It is claimed that some 11 million people in Sao Paulo's metropolitan area are living in slum-like conditions.

The latest estimates put the final bill of hosting the football tournament at an estimated \$60 billion (£36 bn).

*Staff*

## Mental health role revealed

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People with a mental illness are at risk of being stuck in a "revolving door" in and out of homelessness without support to help them keep their public housing, new research from Sydney, Australia, has found.

A new study to be released by the Public Interest Advocacy Centre has found a lack of support for people with mental illness has resulted in many slipping back into homelessness.

*Staff*



# the Pavement

We're the UK's leading magazine for a homeless readership.

We distribute **10,000 free copies** to homeless people in **London, Birmingham, Glasgow and Edinburgh.**

But we need your help. Can you donate today and keep us on the street?

[www.thepavementmag.org.uk/donate.php](http://www.thepavementmag.org.uk/donate.php)

# Trans-forming homelessness

**Carinya Sharples finds out what you need to know about being homeless and transgender.**

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Octavian Starr, of Stonewall Housing, admits that though saddened, he's not that surprised by the ignorance he encounters about how to support transgender people.

Part of a small team providing specialist housing support and advice for lesbian, gay, bisexual and transgender people, he finds most of the homeless organisations he works with still don't know much about it.

"Most of them, when asked about certain things that they had said to [trans] people, had broken the law, he admits. "That's not because they meant to; it's because they just didn't know."

That ignorance shows up in lots of ways. All too often, people who are transgender find that it becomes common knowledge in the agency, despite the fact that they have shown their case worker their Gender Recognition Certificate – a document which means no one should reveal they were assigned a different gender at birth.

Others struggle to get recognition of their status as transgender, or find they are treated as a man, despite

presenting as a woman, or vice-versa.

But Starr sees this as a challenge, and it's something he and his colleagues at Stonewall Housing are hoping to change.

Like it or not, this is a pretty hidden issue, yet though the numbers are small, trans people make up a significant minority of the homeless population.

At Stonewall Housing, 15 per cent of clients are transgender, according to its annual report for last year.

And Housing Justice's Community Night Shelter Report found that one per cent of guests (from seven night shelters in the 2012/2013 season) fitted the same category.

The Housing Transition Fund found only a few relevant clients in its own research but believes that it has underestimated the numbers.

"People don't even feel comfortable accessing homeless services," explains Starr. "You see a lot of sleeping rough from trans people, you also see a lot of people using different forms of exploitation to have a place to sleep; so prostitution is very, very large among trans women."

And it's not just women on the trans spectrum that face exploitation. When we meet, Starr – who is himself trans – is preparing



Stonewall Housing raising awareness on at a recent Pride event

to lead a workshop at the Respect Male Victims event, about people on the male spectrum being victims of sexual abuse and domestic violence.

One key problem, he says, is that society at large still has an issue with transgender people – or doesn't understand that 'trans' or 'transgender' encompasses a huge spectrum of gender identity.

"Most trans women I know, if they're not seen as 'passing' by other people, then they get constant amounts of abuse every day – and they get used to it," says Starr. "But a person can [only] take that for a certain amount of time before they can't handle it any

more. So this is when we get the high levels of suicidal ideation, depression and then violence. We do have clients in that situation."

Discrimination can even come from within the wider LGBT community, whether it's through the use of the pejorative term 'trannie' or simple lack of understanding.

"Gay men who are in the gay community and pretty much are only friends with gay men ... they don't see outside their male privilege, it's like they don't realise how much they have," says Starr. "I saw how much privilege I was given when I started presenting as male – it was like night and day."



Services for transgender people are thin on the ground too.

In the UK there are three gender clinics – in Leeds, London and Manchester – which more and more people are accessing than ever before, says Starr.

But funding cuts at the London clinic mean people are having to wait around a year just to get their first appointment. “It could be upwards of three years before you get any treatment and that’s very difficult if someone’s in a very bad place and really feeling that they need the treatment,” explains Starr.

“That can increase a person’s vulnerability, which can increase their risk of homelessness. They’re trying to get treatment but they can’t get treatment without an address, and then they’re in a state of absolute crisis and the gender clinic won’t give somebody hormones if they’re in a state of crisis. So it’s around and around and around we go.”

Some resort to private care, but at £200 a pop for treatment it’s beyond the means of many – and can lead some to turn to sex work to fund their surgery.

Trans people can also find themselves on the streets after being evicted by their landlords following their change in gender. The requirement for someone applying for a Gender Recognition Certificate to obtain permission from their partner if they’re married can

also lead to emotional manipulation – and eventual homelessness.

“A lot of them will lose their jobs when they start transitioning as well, or they find it very difficult battling mental health or transition while trying to hold down a job or manage their families,” adds Starr.

Lack of knowledge about this transition period can cause terrible consequences for homeless service users. If someone’s in the beginning of their transition, for example, and a service doesn’t believe that they ‘pass’, people can be put in the wrong gendered services and therefore at risk of a lot of problems.

*Pink News* recently reported on an American case in which a woman claims to have been refused access to a two-year housing programme with the Salvation Army because she had not had gender reassignment surgery. Is this an issue here in the UK? “It is an issue here,” admits Starr. “It’s not legal, but they still do it. Under the Equality Act of 2010 you cannot discriminate because of somebody’s trans status, you have to respect the gender that they’re presenting as but that still doesn’t necessarily happen and there are ways they can get around it where they can say they’re not discriminating – they can make up other reasons.”

The picture might sound bleak, but Stonewall Housing is working hard to change it. First up, they are looking at improving

access to homeless organisations – and making sure those organisations know about the issues.

“I want organisations to realise that you probably have had a trans client but they probably just didn’t feel comfortable speaking to you,” says Starr.

“You need to be very transparent that your service is not only trans-friendly but also trans-educated – that you know what you’re talking about.”

*“They’re trying to get treatment but they can’t get treatment without an address, and then they’re in a state of absolute crisis”*

And it’s not just about training sessions. Stonewall Housing is instigating a landmark LGBT Awareness Programme for all No Second Night Out-aligned outreach workers in three pilot areas: east London, Manchester and Brighton to boot. If it’s a success it could be rolled out nationwide.

Funded by a grant of £65,652 from the Homeless Transition Fund, the first step is to develop a ‘tool kit’ for street workers.

People with experience of the issues themselves are key here, with a series of focus groups taking place.

If you want to take part in one of the focus groups or be a community researcher, there’s still time. The focus groups start in June and run until the end of August. The format will be very relaxed and organic, says Newman: “It’s not going to be me asking a series of questions ... my role is very much to go in and talk to people and find out their experience so that I can feed that into our training.”

But to change perceptions, there’s still a long way to go. Starr can see the glimmers of light; the recently released Trans 100 list; trans actress Laverne Cox (Orange Is The New Black); upcoming Channel 4 documentary series My Generation, with Fox and Lewis (of My Transsexual Summer fame); Trans\* Pride Brighton 2014 (taking place from July 25-27) are all increasing the profile.

Starr himself is working on an independent project about trans people’s ideals of future and possibility: “I don’t want to talk about surgery any more, I’m over it,” he affirms. “I just want to talk about being a person, and what it feels like being a trans person and not being given a voice.”

**For help and support contact:**  
**[www.stonewallhousing.org](http://www.stonewallhousing.org)**  
**Or call: 020 7359 5767 weekdays**  
**10am till 1pm, then 2pm till 5pm**

# Advice:

## Hostel dogs

An estimated 10–15 per cent of homeless people have dogs. Dog's Trust vet nurse, Heather Cutmore, is there to help.

### Can you tell us more about the Dog's Trust Hope Project Veterinary scheme?

The Dogs Trust Hope Project is a unique scheme that provides free and subsidised veterinary treatment to dogs whose owners are homeless or in housing crisis. At present, the Hope Project runs in 103 towns and cities across England, Northern Ireland, Scotland and Wales.

The Hope Project Veterinary Scheme allows homeless dog owners to apply for a veterinary entitlement card through any of the 295 homelessness organisations who participate in our scheme. The scheme is open to any dog owner who is homeless or in temporary accommodation, for example rough sleeping, living in a hostel, night shelter or temporary accommodation, or living on an unauthorised traveller site.

### Why did the Dogs Trust think this was needed?

Dogs can be a great comfort and support to homeless people at a difficult time in their lives. They offer unconditional friendship

and reduce feelings of isolation, which is why we feel that the Hope Project is so important.

Our aim is to help owners to keep their dogs happy and healthy until they can find permanent accommodation together. We get a lot of requests from homelessness organisations and their clients for someone to go out and talk to them about responsible dog ownership and dog health and welfare. It's also important for me to talk to the staff in day centres and hostels so they understand the issues around dog welfare too.

### And what is your new role all about?

I will be visiting homelessness organisations to give advice on all dog-related things. I can give welfare talks to dog owners, which covers everything from neutering to preventative health care, and basic first aid. I can also talk to hostels about accepting dogs and offering solutions to any issues that come with that.

### What are the issues for your homeless clients and their dogs?

The hardest thing for homeless dog owners is not being able to access support because of their dog. Most hostels won't accept people and their dogs. Also, dog owners who are homeless or in housing crisis worry about how they can afford veterinary treatment for their dogs.

Most homeless people struggle to afford even basic veterinary care but the Hope Project Veterinary Scheme was set up to take that worry away and give them peace of mind, knowing that their pet can receive treatment whenever they need it.

### **So why don't hostels don't allow dogs in?**

Sadly only seven per cent of hostels in the UK currently accept dogs, which means that many people are denied access to shelter and support simply because they own a dog. If people are forced to choose between a place to stay and their dog, most would choose to stay with their dog.

This is why we are working hard to encourage more hostels to accept people and their dogs. There are many reasons why hostels don't accept dogs but it's usually because they are unclear or worried about issues such as health & safety and dog behaviour. Our aim is to provide hostels with as much information, resources and support as we can so they feel confident enough to start accepting dogs.

### **You help advise hostels on their 'dog policy' – can you tell us more about that?**

We provide advice to hostels on a range of issues such as health and safety, hygiene, dog behaviour and veterinary care. We also provide free resources including a sample dog

policy, which are free to download from our website [www.dogstrusthopeproject.org.uk](http://www.dogstrusthopeproject.org.uk). If hostels do begin accepting dogs, we can support owners with free and subsidised veterinary treatments, including free flea and worming treatments and vaccinations. If a hostel is thinking seriously about accepting dogs, I can also visit them to carry out a consultation and answer any questions or concerns they may have.

### **You also help homeless people carry out 'health checks' for their dog. Can you give us your top tips?**

For all dogs the most important thing is to ensure they get regular preventative healthcare – regular flea and worming treatments and vaccinations are vital.

I'd also strongly recommended neutering as it can prevent serious and often life-threatening illnesses. Microchipping is also very important and will soon become a legal requirement for all dogs.

Keeping dogs at a healthy weight puts less strain on their bodies, particularly as they get older. Owners know their pets better than anyone so discuss any changes to the dogs' normal behaviour with a vet. The Dogs Trust Hope Project Veterinary Scheme provides preventative treatments free of charge.

**For more information see:**  
**[www.dogstrust.org.uk](http://www.dogstrust.org.uk)**

# First person

**Christopher Ubsdell was homeless for 14 years. Last month he signed his tenancy on the flat he hopes will be his first home.**

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She must have been in her late 60s at least, and she had clearly been on the streets for a long time. I don't think she ever told me her name, but even if she did, this encounter took place amid a haze of soup runs and day centres and therefore has been lost among the fog of my first time on the streets.

It was 1997, and I was almost 14 years old. She told me she would like her life to end. The streets had got to this lady.

I never saw her again but it changed the way I thought about mortality. That was the year my grandfather died. It started me thinking about my own death, and I still was when I signed on that infamous dotted line, across the road in the army recruiting office, years later.

I've always moved around a lot. After completing my army training in Northern Ireland, I moved back to England to do my Phase Two training, but I left by mutual agreement.

My daughter was born the following year but I was too drunk to realise the significance of that day. I would leave my partners house

and sleep rough, drink, be merry, and return. Alcohol – it's the reason I've found myself on the streets time and again, in trouble with the law and several times, in jail.

Eventually my partner got frustrated with this behaviour, and we parted.

The pattern continued, and though I'd slept rough since 1997, it never got easier. I always used to use alcohol to numb the pain and loneliness.

I heard lots of horror stories over the years. A friend told me about the police call to Blackfriars Bridge, where they had to use buckets of warm water to pour over the hand of a homeless person who had frozen to death one winter, his hand stuck to the concrete.

Aside from the weather, the other danger is other people. You can't count on the general public to be sympathetic to your plight. You feel very vulnerable to them when you are horizontal and wrapped in a sleeping.

I moved from street to hostel, to family and back again. And eventually, I heard from my ex-partner. She told me that if I quit drinking, I would be able to see my little girl.

This was the turning point. I lay in a darkened room in my by-then privately rented flat in Sheffield, and drained a bottle of whisky to





## **Gerrard McGinnis**

**Age at disappearance: 56**

Gerrard has been missing from Guernsey, Channel Islands since 8 November 2012.

If you think you can help the search, please call or text Missing People on 116000 or email at 116000@missingpeople.org.uk

Gerrard, we would love to hear from you.

Call. Text. Anytime. Free.  
Confidential. 11600



## **Edward Dallas**

**Age at disappearance: 38**

Edward has been missing from Paisley, Renfrewshire since 2 March, 2010.

If you think you can help the search, please call or text Missing People on 116000 or email 116000@missingpeople.org.uk

Edward, we would love to hear from you.

Call. Text. Anytime. Free.  
Confidential. 116000



## Call for Readers' Panel founding members:

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Do you think it's about time society listened more to what homeless people had to say?

*The Pavement*, a unique UK-wide magazine for a homeless readership, thinks so. And it is looking for people with direct experience of homelessness to form its brand new Reader's Panel.

Panel members' views and opinions will help shape the future development of the magazine. They will be asked to take part in surveys and focus groups, planning and feedback sessions, either online, over the phone or face-to-face.

We'll give you lots of support to help you to influence what we cover and how we do it. And there might also be an opportunity to get involved in training and other events.

**So what's stopping you? Get in touch and find out more:**  
[karin@thepavement.org.uk](mailto:karin@thepavement.org.uk)

its half-way line. I thought long and hard. Then fell asleep. When I woke up the next morning, I poured away the remainder of the whisky.

I didn't go back to the drink. But getting contact with my daughter wasn't as easy as planned. After more time on the streets, I found a bug-infested bed-sit in Lambeth and begun the fight for my daughter with the help of my solicitor. With the collapse of my case for contact, I left the bed-sit and travelled to Sheffield once again, where my family welcomed me into their arms as they had always done.

But it wasn't enough, and so just before Christmas I found myself heading back to London for 'Crisis at Christmas', and laid myself at their mercy.

A week later, I found myself at my old pitch in Belvedere Road. It always amazes me how I could sleep just across the river from the centre of government in one of the richest nations on earth, a country whose army I had once joined, and nobody would be surprised.

But it was now my army service, short though it was, would come to be very important. I made a break-through discovery; a 2010 bill that amended the Housing Act 1996 and now states that, former service personnel are to be given priority on council housing registers.

Armed with this new information I came back to London in March

2014, the bill having passed into law in January. Lambeth Council took me onto the housing register on the basis that I had spent the two years there, and had no local connection anywhere else. I was now in band B and could bid on properties as they came up.

Cut to last month. I go to see a flat and it's in good order. I decide to accept the offer but have to wait another day to get into my new home. I spent the next 24 hours too excited to sleep and walking the streets of London, until I can come back and sign my tenancy agreement.

And before I know it, the papers are all signed and the keys to my first ever council flat are in my hand. My body immediately relaxed. My mind calmed. I began to think about all those years of so called independence on the street. The soup runs, the people, the day centres, the golden cigarette ends, the winters. I looked at my sleeping bag beside me. I must admit, I nearly cried. I had been awake for 48 hours. But tonight I would sleep well.

It started to rain yesterday. But I don't care. It can rain, hail, snow, whatever. I'm inside tonight you see. I'll be inside now for the foreseeable future. When you're out and it rains, you have to either try to get dry or sleep in your wet clothes and shiver. Now I can just remove my wet cloths and hang them on a radiator.

I have three to choose from in the flat.

I also have a fridge. And my very own washing machine. It's so sweet because when you are on the streets you have two options when your clothes are dirty: either go to a laundrette which is really expensive or go to a day centre, where you have to sit around like a lemon in a dressing gown waiting for your clothes to be ready. Here I can just open the door of my own washing machine and put my clothes in there whenever I want.

When I wake up tomorrow, it will not be in a wet sleeping bag. It will be on my own sofa bed. I will not have to walk for 10 minutes to get to a bathroom, but just cross the room.

My fridge. My sofa.  
My new flat. My life.

I have had many a strange and difficult experience on the street and in the old life of transit, and living out of a bag. The future is still uncertain but if I can move to help those still out there than I'd like to. It may help me come to terms with the climate of fear I've lived in for so long. I have so many ideas of how to change the way things are. And I'm in a unique position to have discovered these answers first-hand.

The thing to do now, I think, is to live my life as best I can. And remember that like the old lady I met all those years ago, there are people far worse off who have lost all hope. I still have mine.

Supporting London life



dmg::media

Daily  Mail The  Mail 

[www.mailonline.co.uk](http://www.mailonline.co.uk) • [www.metro.co.uk](http://www.metro.co.uk) • [www.wowcher.co.uk](http://www.wowcher.co.uk)  
[www.jobsite.co.uk](http://www.jobsite.co.uk) • [www.thisismoney.co.uk](http://www.thisismoney.co.uk) • [www.travelmail.co.uk](http://www.travelmail.co.uk)

## KEY TO ALL SERVICES

<b>A</b>	Alcohol workers
<b>AC</b>	Art classes
<b>AD</b>	Advocacy
<b>AH</b>	Accommodation/housing advice
<b>B</b>	Barber
<b>BA</b>	Benefits advice
<b>BE</b>	Bedding available
<b>BS</b>	Bathroom/showers
<b>C</b>	Counselling
<b>CA</b>	Careers advice
<b>CL</b>	Clothing store
<b>D</b>	Drugs workers
<b>DA</b>	Debt advice
<b>DT</b>	Dentist
<b>EF</b>	Ex-forces
<b>EO</b>	Ex-offenders
<b>ET</b>	Education and training
<b>F</b>	Food
<b>FF</b>	Free food
<b>FC</b>	Foot care
<b>IT</b>	Internet access
<b>L</b>	Laundry
<b>LA</b>	Legal advice
<b>LF</b>	Leisure facilities
<b>LS</b>	Luggage storage
<b>MD</b>	Music/drama
<b>MH</b>	Mental health
<b>MS</b>	Medical/health services
<b>NE</b>	Needle exchange
<b>OL</b>	Outreach worker links
<b>OW</b>	Outreach workers
<b>SH</b>	Sexual health advice
<b>TS</b>	Tenancy support

Email changes and suggestions to:  
**thelist@thepavement.org.uk**  
Or write to our address on page 3

**Updated: Feb 14**

# List

## ADVICE SERVICES

There's not enough room in print, but this section will be back in a future issue. Until then you can find this information online at: [www.thepavement.org.uk](http://www.thepavement.org.uk)

## ANIMALS / PETS

### BLUE CROSS VETERINARY SERVICES

Offered to pet owners on a low income. This is usually a means tested benefit or state pension with no other means of income:

### BLUE CROSS HOSPITAL VICTORIA

1-5 Hugh Street, SW1V 1QQ

0300 777 1890

Mon-Fri: 9:30am-12am

Mon, Tues, Thur, Fri: 2:30pm-4pm

### BLUE CROSS HOSPITAL MERTON

88-92 Merton High Street, SW19 1BD

0300 777 1810

Mon-Fri: 9am-12am

Mon-Thur: 2pm-4pm

### BLUE CROSS HOSPITAL

Hammersmith

Argyle Place, King Street, W6 0RQ

0300 777 1800

Monday, Tues, Thur, Fri: 9am-12am

Wed: 9:30am-12am

Mon, Tues, Thur, Fri: 2pm-5pm

## ARTS

### ARDBOARD CITIZENS

020 7247 7747

Variety of performing arts workshops held at Crisis Skylight

[www.cardboardcitizens.org.uk](http://www.cardboardcitizens.org.uk)

### THE CHOIR WITH NO NAME

07772 230744

Mon: 7 - 9pm, at Only Connect Theatre, 32 Cubitt Street, London, WC1X 0LR

Sun: 5 - 7pm, at Pembroke House, 80 Tatum Street, London, SE17 1QR

A choir for homeless and ex-homeless, with or without singing experience.

[www.choirwithnoname.org](http://www.choirwithnoname.org)

FF, LA

### CRISIS SKYLIGHT

66 Commercial St, E1

020 7426 5650

Mon-Fri: 2pm-8pm; Sat & Sun: 11am-5pm

AC, ET, IT, MD

Workshop programme from

[www.crisis.org.uk](http://www.crisis.org.uk)

### MUSIC TUESDAY

We play music, we listen to music, we talk about music. Free keyboard tuition. Singing songs. Eating sandwiches. 10am-12noon & 12.30-2.30pm, every Tuesday @ Simon Community, 1 Hilldrop Road, Camden, N7 0JE

020 7607 9534

### OPEN FILM CLUB

[www.opencinema.net](http://www.opencinema.net)

FF, LA

### SMART

Art workshops and lectures at various

venues

020 7209 0029

Email: [smartnetwork@lineone.net](mailto:smartnetwork@lineone.net)

### STREETWISE OPERA

020 7495 3133

MD

[www.streetwiseopera.org](http://www.streetwiseopera.org)

## BENEFITS AGENCY

### JOBCENTRE PLUS

To make a claim

0800 055 6688

For queries about existing claims for Income Support, Jobseekers Allowance or Incapacity Benefit

0845 377 6001

For Social Fund enquiries

0845 608 8661

For the Pensions Service

0845 606 0265

## BME/REFUGEE

### HACKNEY MIGRANT CENTRE

St Mary's Church, Spenley Walk, Stoke Newington Church Street, N16 9ES

[info@hackneymigrantcentre.org.uk](mailto:info@hackneymigrantcentre.org.uk)

Wed: 12.30-3.30pm

Free advice and support for refugees and migrants

AD, AH, BA, FF

## DAY CENTRES AND DROP-INS

### ACE OF CLUBS (16+)

St Alphonsus Rd, Clapham, SW4 7AS. 020

7720 2811/0178

Mon-Fri: 12noon-3pm

[www.aceofclubs.clapham.org](http://www.aceofclubs.clapham.org)

A, AH, BS, BE, CL, DT, F, L, LA, MS, MH, OW, TS

## ACTON HOMELESS CONCERN

Emmaus House, 1 Berrymead Gardens,  
Acton. **020 8992 5768**

Call for opening times

*A, B, BA, CL, D, DT, ET, F, FC*

## BROADWAY DAY CENTRE

Market Lane, Shepherds Bush, W12  
**020 8735 5810**. Mon, Wed, Thu, Fri:  
10 - 11am (drop-in); 2 - 4pm (groups  
& appointments). Central and Eastern  
European worker available.

*A, AD, AH, BA, BS, CL, D, FC, L, MS, MH, OW,  
SH, TS*

## BROMLEY 999 CLUB

424 Downham Way, Downham, BR1 5HR.

**020 8698 9403**

Mon-Fri: 10am - 5pm,

*AD, L, FF*

## CAMDEN SPECTRUM (THAMES REACH)

6 Greenland St, Camden Town, NW1

**020 7267 4937**

Mon-Fri: 9.30am-7pm

*A, AH, BS, C, CL, D, FC, L, MH, MS, TS*

## CHELSEA METHODIST CHURCH

155a Kings Road, SW3 5TX

**020 7352 9305**

Mon, Tues & Thu: 9am-3.45pm

*F, L*

## CHURCH ARMY (WOMEN ONLY)

1-5 Cosway St, NW1

**020 7262 3818**

Mon-Thurs: 9.30am-12pm (advice);

12pm-3.30pm (drop-in); 12 noon-1pm  
(sandwiches).

*AC, AH, BA, BS, C, CA, CL, ET, FF, IT, L, LA, LF, MD*

## THE CONNECTION AT ST MARTIN'S (CSTM)

12 Adelaide St, WC2

**020 7766 5544**

Mon - Fri: 9am - 12.30pm (12pm Wed).

Various afternoon sessions from 1pm  
(except Wed). Weekends: (Limited to rough  
sleepers, by invitation).

*A, AC, AH, BA, BS, CA, CL, D, EF, ET, F, FC, IT, MD,  
MH, MS, OW*

## CROYDON RESOURCE CENTRE

70a Wellesley Rd, Croydon, CR0 2AR.

**020 8686 1222**

Mon-Fri: 10am - 3pm

*AH, BA, CA, CL, ET, F, IT, LA*

## CRICKLEWOOD HOMELESS CONCERN

60 Ashford ROAD, NW2 6TU

**020 8208 8590**

*info@chc-mail.org*

Homeless drop-in: 28a Fortunegate Rd,  
Craven Park, NW10 9RE

Tues & Fri: 10am-2.30pm; Weds & Thurs:  
12.30-2.30pm

Mental health drop-in: in flat above St  
Gabriel's Hall

77 Chichele Rd, Cricklewood, NW2 3AQ.

Tues-Fri: 10am-12 noon.

*AC, AH, BA, BS, IT, L, MS, OL*

## DEPTFORD CHURCHES CENTRE

Speedwell St, Deptford

**020 8692 6548**

### KEY

*A* Alcohol workers

*AC* Art classes

*AD* Advocacy

*AH* Accommodation/  
housing advice

*B* Barber

*BA* Benefits advice

*BE* Bedding available

*BS* Bathroom/showers

*C* Counselling

*CA* Careers advice

*CL* Clothing store

*D* Drugs workers

*DA* Debt advice

*DT* Dentist

*EF* Ex-forces

*EO* Ex-offenders

*ET* Education/training

*F* Food

*FF* Free food

Mon, Tues, Thu & Fri: 9am - 3.30 pm  
*A, AC, AD, AH, B, BA, BE, BS, C, CA, CL, D, DA, DT, EF, ET, FF, L, LA, LF, MD, MH, MS, OL, TS*

### **DIVINE RESCUE**

Thurlow Lodge, 1 Thurlow Street, SE17 2US,  
**020 3489 1765**

Mon: 10am–6.30 pm; Tue–Fri:  
10am–5pm  
*AC, AD, AH, BA, C, CL, FF, MD, OW*

### **EARLS COURT COMMUNITY PROJECT**

Ungoing renovation until 2012, but still open at: St Barnabas Church, 23 Addison Road, W14 8LH  
**020 7471 7030**  
Tue & Wed: 2 – 4pm  
*CL, FF*

### **HACKNEY 180 FIRST CONTACT & ADVICE (THAMES REACH)**

Hackney Methodist Church  
219 Mare St, E5  
**0208 985 6707**  
Mon–Thurs: 8am–9.30am (breakfast club)

### **HOLY CROSS CENTRE**

The Crypt, Holy Cross Church  
Cromer St, WC1 **020 7278 8687**  
Mon: 2pm–5pm; Tues: 6–9pm; (ticket required) Thurs: 5–8pm (Italian speakers session); Fri: 12 noon–3pm (refugees and asylum seekers session).  
*AC, AH, FF, IT, LA, LF, MH*

### **HOMELESS ACTION IN BARNET (HAB)**

36B Woodhouse Road, N12 0RG  
**020 8446 8400**  
Mon – Fri: 12noon – 3pm (drop in); Mon, Tues & Thur: 9am – 12noon (rough sleepers only); Wed: 9am – 12noon (women's group)  
*AD, AH, BA, BS, CL, F, L, TS*

### **LONDON JESUS CENTRE**

83 Margaret St, W1W 8TB  
**0845 8333005**  
Mon – Fri: 10am – 12.30pm  
*BS, CL, F, IT, L*

### **MANNA DAY CENTRE**

6 Melior St, SE1  
**020 7403 1931**  
Every day: 8.30am–1.30pm  
*AH, BA, BS, BE, CL, DT, FF, FC, MH, MS, OL, TS*

### **NEW CROSS 999 CLUB**

All Saints, Monson Rd, SE14  
**020 7732 0209**  
Mon–Fri: 10am–5pm  
*AD, ET, FF, L, LA*

### **NEW HORIZON YOUTH CENTRE (16 – 21 YEAR OLDS)**

68 Chalton Street, NW1 1JR  
**020 7388 5560**  
Daily: 10.30am–4pm  
*AC, AH, C, CA, ET, LA, MS, MD, OW*  
**NO 10 – DROP IN CENTRE (SALVATION ARMY)**  
10 Princes Street, W1B 2LH  
**020 7629 4061**

*FC* Foot care  
*IT* Internet access  
*L* Laundry  
*LA* Legal advice  
*LF* Leisure facilities

*LS* Luggage storage  
*MD* Music/drama  
*MH* Mental health  
*MS* Medical/health services

*NE* Needle exchange  
*OL* Outreach worker links  
*OW* Outreach workers  
*SH* Sexual health  
*TS* Tenancy support



Tue, Wed, Fri: 2.30–4pm (advice & enquiries);  
Mon: 3–5.30pm (advice & enquiries, film group); Tue: 2.30–4pm (reading group); Wed: 5.30–8pm (drop-in - soup & sandwiches); Fri: 12.30am–2pm (table tennis club)  
**AH, BA, CL, LA**

### **NORTH LONDON ACTION FOR THE HOMELESS (NLAH)**

St Paul's Church Hall, Stoke Newington Rd, N16 7UE (Entrance on Evering Road)  
**020 8802 1600**  
Mon: 12noon-1.30pm; and Wed: 7-830pm  
**BA, BS, CL, FF**

### **THE PASSAGE (25+)**

St Vincent's Centre, Carlisle Place, SW1P  
**020 7592 1850**  
Mon–Fri: 8am–12pm (for rough sleepers); 12–2pm (Lunch); 2–6pm (appointments); 4.30–6pm (verified rough sleepers – by invitation); Sat–Sun: 9am–12noon.  
**A, AH, BA, CA, CL, D, ET, F, FC, IT, L, MH, MS, TS**

### **PROVIDENCE ROW / THE DELLOW CENTRE**

82 Wentworth St, Aldgate, E1 7SA  
**020 7375 0020**  
Mon–Fri: 9.30am–12noon (8.30am for verified rough sleepers) & 1.30–3.30pm (appointments & activities)  
**A, AC, AH, BA, BS, C, D, ET, FF, IT, L, LF, LS, MH, NE, OL, SH**

### **SANKTUS**

4 Lady Margaret Road, NW5 2XT  
Entrance in Falkland Road

**020 7485 9160** Mon, Wed, Fri: 2 – 3pm;  
Sun: 3 – 4pm  
**BS, CL, FF, H**

### **SHOREDITCH COMMUNITY PROJECT (SCT)**

St Leonard's Church, Shoreditch High St, E1, **020 7613 3232**  
Mon & Wed; 9.30am–12.30pm;  
Tues: 2–4pm  
**FF, BA, OL**

### **SOUTHWARK SALVATION ARMY**

1 Princess Street, SE1 6HH  
**020 7928 7136**  
Wed: 10.30am - 2pm (drop in with showers and advice) and Thu 10:30am - 2pm  
Thu: 10.30am - 2pm (advice session by appointment only)  
**AD, AH, BS**

### **SPIRES CENTRE**

8 Tooting Bec Gardens, SW16 1RB  
**020 8696 0943**  
Mon: 8am–12noon (women only);  
Tues: 9–10.30am (rough sleepers only), 10.30am–2pm (drop-in); Wed: 10am–12noon (rough sleepers only); Thu: 9am–1pm (rough sleepers only); Fri: 9–10.30am (rough sleepers only); 10.30am–1.30pm (women only)  
Mon-Fri adult learning courses - contact Spires for more info.  
**A, AD, AH, BA, BS, C, CL, D, ET, FC, FF, LA, LF, MD, MH, MS**

### **ST CUTHBERT'S CENTRE**

The Philbeach Hall, 51 Philbeach Gdns, Earls Court

#### **KEY**

**A** Alcohol workers  
**AC** Art classes  
**AD** Advocacy  
**AH** Accommodation/  
housing advice

**B** Barber  
**BA** Benefits advice  
**BE** Bedding available  
**BS** Bathroom/showers  
**C** Counselling

**CA** Careers advice  
**CL** Clothing store  
**D** Drugs workers  
**DA** Debt advice  
**DT** Dentist

**EF** Ex-forces  
**EO** Ex-offenders  
**ET** Education/training  
**F** Food  
**FF** Free food

**020 7835 1389**

Mon–Fri: 10.30am–3.30pm  
*AC, AH, BS, C, CL, F, IT, L, OL*

### **ST STEPHEN'S CHURCH (THE MANNA)**

17 Canonbury Rd, N1 2DF  
**020 7226 5369**

Tues: 7–9pm (drop-in); Weds: 1–3pm  
(drop-in – B and FC); Fri: 10am–12noon  
(key work session)

*BS, CL, FF, L*

### **THE TAB CENTRE**

20 Hackney Rd, Shoreditch, E2  
**020 7739 3076**

Friday: 9am–12noon, F

### **TRIUMPHANT CHURCH INTERNATIONAL**

136 West Green Rd  
South Tottenham, N15 5AD  
**020 8800 6001** Sun: 10–11am (open  
drop-in) *AD, C, FF*

### **UNION CHAPEL (MARGINS)**

Compton Terrace, Upper Street, N1 **020  
7359 4019**  
Sun: 3pm–5pm  
*AH, BS, CL, FF, L, LA, LF*

### **UPPER HOLLOWAY BAPTIST CHURCH**

11 Tollington Way, N7  
**020 7272 2104**, Mon: 10am–1pm  
*CL, FF, LF*

### **UPPER ROOM, ST SAVIOUR'S**

Cobbold Rd, W12



### **THE PASSAGE ROUGH SLEEPER DROP-IN**

**020 8740 5688**

Mon: 1–6pm (UR4Jobs); Tue–  
Thur: 5.30–6.45pm; Fri: 1–6pm  
(UR4Jobs); Sat–Sun: 12.30  
–1.30pm  
*A, AC, AH, BA, C, CA, CL, D, ET, IT,  
FF, OL*

### **WEBBER STREET (FORMERLY WATERLOO CHRISTIAN CENTRE)**

6–8 Webber St, SE1 8QA  
**020 7928 1677**  
Mon–Sat: 9am–12noon  
*AS, B, BA, BS, BE, CL, FF, LA, MH, MS, OL*

### **THE WELCOME PROJECT**

11 Green Lane, Essex, IG1 1XG  
**020 8220 4111**  
Tue & Thur: 12.30–3pm; Wed & Fri:  
10.30am–3pm  
*AH, BA, BS, CL, FF, L*

### **WEST LONDON DAY CENTRE**

134–136 Seymour Place, W1H  
**020 7569 5900**  
Mon–Fri: 8.45–10am (rough sleeper's  
drop-in); 10am–11.30am (drop-in, hostel  
residents join); 11.45am–12.45pm  
(advice, appointments only); Mon & Thur:  
1.30–3.30pm (drop-in for those with  
tenancies)  
*AC, BA, BS, C, CL, F, FC, IT, L, LS, MS, OL, TS*

### **WHITECHAPEL MISSION**

212 Whitechapel Rd, E1  
**020 7247 8280**  
Daily: 6–11am (cooked breakfast 8am–  
10am); Sat: 12noon–2.30pm (women only)

*FC* Foot care  
*IT* Internet access  
*L* Laundry  
*LA* Legal advice  
*LF* Leisure facilities

*LS* Luggage storage  
*MD* Music/drama  
*MH* Mental health  
*MS* Medical/health  
services

*NE* Needle exchange  
*OL* Outreach worker links  
*OW* Outreach workers  
*SH* Sexual health  
*TS* Tenancy support



**DRUGS /  
ALCOHOL**

AD, AH, B, BA, BS, BE, CL, C, DA, D, F, IT, OL, TS

## WOMEN@THE WELL

54 - 55 Birkenhead Street, Kings Cross, WC1H 8BB

**020 7520 1710**

Women Only

Mon - Fri (drop in): 12noon - 4pm  
open only to women who are rough sleeping, involved in prostitution, using drugs/alcohol, offending. Weds - open access to women.

AD, AH, BA, BS, CL, C, DA, FF, L, LA, SH

## THE 999 CLUB

21 Deptford Broadway, SE8 4PA

**020 8694 5797** Mon-Fri: 9.30am-5pm

A, AD, AH, B, BE, C, CL, D, DA, F, FF, L, LA, MS, MH, OW, SH, TS

## DOMESTIC VIOLENCE

### ASHA PROJECT

13 Shrubby Road, SW16 2AS

**020 8696 0023** Mon-Fri: 9am-5pm

For asian women fleeing domestic violence  
AD

### DOMESTIC VIOLENCE HELPLINE

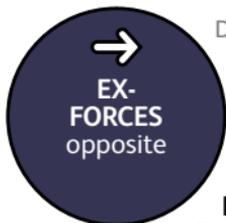
**0808 2000 247**

## DRUGS / ALCOHOL

### ADDACTION (HARM REDUCTION TEAM)

228 Cambridge Heath Rd, E2

**020 8880 7780**



Drop-in: Mon, Fri 10am-4pm; Tues, Wed & Thurs 12noon-6pm;  
Closed each day 1.30pm-2.15pm  
D, OL, MS, NE, SH

### BLACKFRIARS ROAD CDAT TEAM

151 Blackfriars Rd, SE1 8EL

**020 7620 1888/ 6500**

Mon: 2pm-4pm (drop-in)

MH, MS, NE

### CENTRAL AND NW LONDON SUBSTANCE MISUSE SERVICE

282 North End Rd, SW6 1NH

**020 7381 7700**

Mon-Fri: 9am-5pm

C, MS

### DRUGLINK

103a Devonport Rd, Shepherds Bush, W12 8PB

**020 8749 6799**

Mon-Fri: 10am-5pm (needle exchange and telephone service); Mon & Fri: 2pm-5pm & Wed: 3pm-6pm (drop-in)

C, D, OL, NE

### EAST LONDON DRUG AND ALCOHOL SUPPORT SERVICES

Capital House, 134-138 Romford Road, Stratford, E15 4LD

**020 8257 3068**

Drug and Alcohol Service for London (DASL) provides free and confidential services to anyone who has concerns about their own or another person's drug or alcohol use, working with people from

KEY

A Alcohol workers

AC Art classes

AD Advocacy

AH Accommodation/

housing advice

B Barber

BA Benefits advice

BE Bedding available

BS Bathroom/showers

C Counselling

CA Careers advice

CL Clothing store

D Drugs workers

DA Debt advice

DT Dentist

EF Ex-forces

EO Ex-offenders

ET Education/training

F Food

FF Free food

Newham, Tower Hamlets, Redbridge and Bexley and Greenwich.

**A, C, D**

## FRANK

Free 24-hr drug helpline

**0800 776 600**

## NEEDLE EXCHANGE VAN

White van under Centrepont Tower,  
Tottenham Court Road

Mon–Fri: 4–7pm

## SOUTH WESTMINSTER DRUG AND ALCOHOL SERVICE (TURNING POINT)

32a Wardour St, W1D 6QR

**020 7437 3523**

Mon–Fri: 10am–6pm, open access

12noon–5pm (except Wed 1–5pm); Sat:

11am–5pm, open access 12noon–5pm

Meetings every night from 6pm, including AA, NA, LGBT AA and SMART recovery, except Wed, with is Steroid Service 6–9pm.

**C, D, FF, IT, LA, MH**

**[www.turning-point.co.uk](http://www.turning-point.co.uk)**

## WANDSWORTH DRUG PROJECT

86 Garratt Lane, SW18 4DB

**020 8875 4400**

Mon–Fri: 1–5pm; Sat: 1–4pm

**A, AC, AD, AH, CA, C, D, NE, OB, SH**

## WESTMINSTER DRUG PROJECT (WDP)

470–474 Harrow road, W9 3RU

**020 7266 6200**

Mon–Fri: 10am–12.30pm (appointments and needle-exchange); 1–5pm (open

access) **AD, AH, C, D, NE, OB, SH**

## 184 CAMDEN

184 Royal College Road, NW1 9NN

**020 7485 2722**

Mon: 10am–3pm; Tue & Thu: 10am–

8.30pm; Wed & Fri: 10am–5.30pm

**AH, BA, C, D, ET, MS, NE**

## EASTERN EUROPEANS

### EAST EUROPEAN ADVICE CENTRE

Room 18, The Polish Centre, 238–246 King Street, Hammersmith, London, W6 0RF

**020 87411288 free advice line - 0800 121 4226**

Drop-in Mon and Fri 9.30am–1pm, Wed

11am–3pm. Advice line open Mon–Fri,

9.30am–4.30pm

### EASTERN EUROPEAN DRUG AND ALCOHOL SUPPORT

Emmanuel's Church, Forest Gate, E7 8BD, **020 8257 3068**

Support for drug and alcohol treatment, advice, contact with other agencies; Thur: 5–7pm

### UR4JOBS

Upper Room, St Saviour Church, Cobbold Road, W12 9LN

**020 8740 5688**

**07967 312207** (English)

**07772 565815** (Romanian)

**07772 473554** (Polish)

Mon–Fri: 5.30–6.45pm (hot supper); Mon

& Tue: 12noon–5pm (Migrants workers job club)

Help in finding work and education

**FC** Foot care  
**IT** Internet access  
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**LA** Legal advice  
**LF** Leisure facilities

**LS** Luggage storage  
**MD** Music/drama  
**MH** Mental health  
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**NE** Needle exchange  
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**OW** Outreach workers  
**SH** Sexual health  
**TS** Tenancy support



[www.ur4jobs.co.uk](http://www.ur4jobs.co.uk)  
C, ET, FF

## ELDERLY PEOPLE

If you can't find it here,  
it'll be on our website  
– [www.thepavement.org.uk](http://www.thepavement.org.uk)

## EX-FORCES

### AWOL?

Call the 'reclaim your life' scheme from  
SSAFA **01380 738137 9** – 10am Monday  
to Friday (answering machine for call back  
outside these times)

### HOME BASE

158 Du Cane Road, London, W12 0TX  
**020 8749 4885**  
[www.cht.org.uk](http://www.cht.org.uk)  
Monday–Friday: 9.30am–5.30pm  
Accommodation for 21 ex-service men  
and women aged 18-55 who are homeless  
or potentially homeless. Require proof of  
military service. Phone, call in or write

### ROYAL BRITISH LEGION

**08457 725 725**  
Ring the Legionline to see how they can  
help ex-servicemen and women

### VETERANS AID

40 Buckingham Palace Rd, Victoria  
**020 7828 2468**  
A, AH, BA, CL, D, EF



**VETERANS UK**  
**0800 169 2277**

Free help and advice for  
veterans and access to  
dedicated one-to-one  
welfare service. [www.veterans-uk.info](http://www.veterans-uk.info)

## EX-OFFENDERS

If you can't find it here,  
it'll be on our website – [www.thepavement.org.uk](http://www.thepavement.org.uk)

## FOOD / SOUP RUNS

### AGAPE

Waterloo Bridge, North Side  
Wed: 8pm. Sandwiches, teas and coffees

### ALL SAINTS CHURCH

Carnegie St, N1 **020 7837 0720**  
Tues & Thu: 10am–12noon  
Cooked breakfast

### AMERICAN CHURCH

(Entrance in Whitfield St)  
79a Tottenham Court Rd, W1T  
**020 7580 2791**

Mon–Sat (except Wed): 10am–12noon  
AC, CL, FF

### ASLAN

Hot food and sandwiches for early risers.  
Sat 5.30am–8.30am – Covent Garden,  
Milford Ln, Surrey St, Strand & Waterloo.

### BLOOMSBURY BAPTIST CHURCH

235 Shaftesbury Ave, WC2 8EP  
**020 7240 0544**

#### KEY

A Alcohol workers  
AC Art classes  
AD Advocacy  
AH Accommodation/  
housing advice

B Barber  
BA Benefits advice  
BE Bedding available  
BS Bathroom/showers  
C Counselling

CA Careers advice  
CL Clothing store  
D Drugs workers  
DA Debt advice  
DT Dentist

EF Ex-forces  
EO Ex-offenders  
ET Education/training  
F Food  
FF Free food

Sunday: Roast lunch 1pm  
10.30am for ticket (very limited)

## THE CABIN

St Gabriel's Community Centre  
21 Hatchard's Road, N19 4NG  
**020 7272 8195**

Daily: 1030-1130am; Thu: 12noon (lunch)

## CAMDEN ROAD BAPTIST CHURCH

Hilldrop Road, Holloway, N7 0JE  
**020 7607 7355** Thu: 10.30am-12noon

## THE CARPENTERS

TMO Community Hall, 17 Doran Walk,  
Stratford, E15 2JL **020 8221 3860**  
Every Tuesday; 10am-12pm

## CHALK FARM SALVATION ARMY

10-16 Haverstock Hill, NW3 2BL  
Mon: 6-8pm (men's group); Weds: 7.30-  
9pm (open drop-in) *FF, CL*

## EMMANUEL CHURCH

Forest Gate, E7 8BD (corner of Romford Rd  
& Upton Lane  
Thurs: 7.30am (cooked breakfast)

## FAITH HOUSE (SALVATION ARMY)

11 Argyle Street, King's Cross (near Burger  
King), WC1H 8EJ  
**020 7837 5149**  
Tues: 5-6pm (women's drop-in); Weds:  
1-3pm (women's drop-in); Fri: 11am-1pm  
(women's brunch & discussion group)  
nb. Mon and some Wed sessions now  
held at Chalk Farm Salvation Army - listed  
above. *FF, CL*

## FARM STREET CHURCH

Thurs: 8-10.30pm  
Three routes: Oxford Street route - Davies  
Street; Bourdon Street; South Moulton  
Street; Oxford Street; top end of Regent  
Street to Hanover Street; Hanover Square;  
New Bond Street  
Berkeley Square route - Berkeley Square;  
Berkeley Street; Green Park tube; Piccadilly  
Hyde Park Corner route - Mount Street;  
Park Lane underpasses; Shepherds Market;  
Curzon Street

## FIRST STEPS

King George's Hostel, 75 Great Peter Street  
Thurs: 8.30-10pm  
Hot meals, soup, fruit and cake

## FOOD NOT BOMBS

The Narrowway, Hackney Central  
Every second Sat: 5-6pm

## GEFFRYE COMMUNITY CENTRE

Geffrye Estate, Falkirk Street, N1 6SD  
**07527 789827**, Soup kitchen every  
Thursday 12 noon

## GOOD SAMARIA NETWORK

Sun & Mon: 6.30-8pm;  
King George's hostel, 72 Great Peter  
Street, SW1P 2BN

## HARE KRISHNA FOOD FOR LIFE

The Hare Krishna food run provides  
vegetarian meals from Soho and King's  
Cross Temples. The former can be found  
at Lincoln's Inn Fields, Mon-Fri; 7:15pm,  
finishing at Temple if there's food left. The

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*OW* Outreach workers  
*SH* Sexual health  
*TS* Tenancy support



latter from Mon–Sat, all year round: 12pm: Kentish Town (Islip Road); 1pm: Camden (Arlington Road); 2pm: King’s Cross (York Way)

### HOUSE OF BREAD – THE VISION

Second and fourth Sunday in the month (6.45am onwards) – Hot food; note that an excellent full cooked breakfast is served on the second Sunday. On the Strand (Charing Cross end, outside Coult’s).

### IMPERIAL COLLEGE

Serving sandwiches and hot beverages on Sunday evenings (8–9.30pm) at Lincoln’s Inn Fields.

### JESUS ARMY

National Portrait Gallery, near Trafalgar Square. Second full week of the month, Mon–Wed: 9pm

### KINGS CROSS BAPTIST CHURCH

Vernon Square, W1 **020 7837 7182**  
Mon: 11am–2pm;  
Tue: 11.15am–1pm, Open for breakfasts

### LIFE BREAD

Emmanuel Pentecostal Church,  
374 Lee High Road, SE12 8RS  
A hot meal every Tuesday 6–8pm

### LIGHTHOUSE CHAPEL INTERNATIONAL

King George’s Hostel, 75 Great Peter Street, Fri: 8.30pm

### LINCOLN’S INN FIELDS

Mon–Fri: 7.15pm; Many vans with food and occasionally clothing. Sat–Sun: 6.15pm onwards

### THE LION’S CLUB OF FAIRLOP

Charing Cross, Strand  
Second & fourth Sun: 6pm  
Hot indian food

### THE LONDON RUN

Mondays (including bank holidays). Van with tea/coffee, sandwiches, eggs, biscuits, soft drinks, clothes, and toiletries: The Strand, opposite Charing Cross police station: 8.45pm; Catton Street (Nr. Holborn) & Lincoln’s Inn Fields: 9pm; Temple: 9.30pm; Waterloo (St John’s Church): 10.15pm

### LONDON CITY AID

Tothill Street, Second Wednesday of the month: 8.30–11pm  
Food, bedding, clothes and toiletries

### LOVE TO THE NATIONS MINISTRIES

Charing Cross, Strand  
Every second Sun: 4pm

### LOVE STREATHAM

388 Streatham High Street, SW16 6HX  
Mon: 7–9pm Food parcels given out

### MEMORIAL BAPTIST CHURCH PLAISTOW

389–395 Barking Road, E13 8AL  
**020 7476 4133**, Sat: 8am–12pm  
Full English breakfast

#### KEY

**A** Alcohol workers  
**AC** Art classes  
**AD** Advocacy  
**AH** Accommodation/  
housing advice

**B** Barber  
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**BE** Bedding available  
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**EO** Ex-offenders  
**ET** Education/training  
**F** Food  
**FF** Free food

## MISSIONARIES OF CHARITY

Mon: Spitalfields (9.30pm) & TBC (10pm)

## MUSWELL HILL CHURCHES

2 Dukes Ave, N10 2PT **020 8444 7027**

Sun–Thurs; 7.45–8.45pm

## NEW LIFE ASSEMBLY

A run in Hendon, that comes into the West End once a month.

## NIGHTWATCH

At the fountain in the Queens Gardens, central Croydon. Every night from 9.30pm. Sandwiches and hot drinks

## OPEN DOOR MEAL

St James the Less parish centre, Vauxhall Bridge Road, behind the Lord High Admiral public house.

Two-course hot meal served at table.  
Alternate Thursdays during term-time;  
7-9.30 pm  
*B, CL, FF*

## OUR LADY OF HAL

165 Arlington Rd, NW1, **020 7485 2727**  
Tues, Weds, Fri & Sat: 12.45pm–2pm

## ST PETER'S COMMUNITY CAFÉ

The Crypt, St. Peter's Church, De Beauvoir Road, N1, **020 7249 0041**  
Mon–Wed: 12noon–6.30pm

## RICE RUN

The Strand, Fri: 9–10pm  
Rice and Chicken, or savoury rice

## THE SACRED HEART

This run from Wimbledon has several

teams coming up once a month with sandwiches and hot beverages around 9pm. Every Tuesday at Spenser Street and Friday at Christchurch Gardens, both in Westminster

## SAHJU VASWANI

Lincoln's Inn Fields, Wed: 8–8.30pm  
A great curry!

## SAI BABA

Coram's Fields (3rd Sun of month); 11am–1pm, Vegetarian meal and tea

## SEVENTH DAY ADVENTISTS

Lincoln's Inn Fields, Sun: 7pm

## SILVER LADY FUND (THE PIE MAN)

Van behind the Festival Hall or on Southwark Bridge Road – from 5am

## SIMON COMMUNITY

Tea Run: Sun & Mon (6–9.30am): St Pancras Church 6.30am; Milford Lane 6.45am; Strand 7am; Southampton Road 7.30am; Grosvenor Gardens 8.30am; Marble Arch (Sunday) 9am  
Soup Run: Wed & Thurs (8pm–10.30pm): St Pancras Church 8.15pm; Hinde Street 8.45pm; Maltravers Street 9.15pm; Waterloo 9.45pm  
Street Café: St Giles-in-the-Fields, St Giles High Street, WC2 (next to Denmark Street) – Sat (2–4pm) & Sun (1.15–3.15pm)  
[www.simoncommunity.org.uk](http://www.simoncommunity.org.uk)

## ST ANDREW'S CHURCH

Star Centre, Greyhound Road, W14 9SA  
Sat 10.30am - 1pm

*FC* Foot care  
*IT* Internet access  
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*OW* Outreach workers  
*SH* Sexual health  
*TS* Tenancy support



Hot food, sandwiches and clothing  
**FF, CL**

## ST IGNATIUS CHURCH

Lincoln's Inn Fields  
Sat: 7.45pm

## ST JOHN'S EALING

Mattock Lane, W13 9LA

**020 8566 3507**

Sat & Sun: 3.30–5pm

Also: Advice service Thur & Fri 10am–4pm  
– Ealing Churches workers

## ST JOHN THE EVANGELIST

39 Duncan Terrace, N1 8AL

**020 7226 327**, Tue–Sat: 12.30–1.30pm

## ST MONICA'S CHURCH

Temple Station. First, third and fourth Tue  
of the month: 8.30pm

## ST THOMAS OF CANTERBURY

Lincoln's Inn Fields

Second and last Wed of the month: 9pm

Sandwiches, drinks, cake and clothes

## ST VINCENT DE PAUL

Lincoln's Inn Fields, Tue & Thu: 7.30pm

## STEPS OF FAITH

Victoria area, Thurs: 8–10pm

Walking around with food

## STREETLYTES

Drop-ins offering a free hot meal,  
friendship and donated items

Monday Drop-In: St Stephens Church, 1

Coverdale Road, London, W12 8JJ, Time:

6pm – 9pm, Tuesday Drop-In, King George

Hostel, 75 Great Peter Street, London,  
SW1P 2BN, Time: 6pm – 9pm **www.  
streetlytes.org**

## SW LONDON VINEYARD/KING'S TABLE

Sun 2.30pm–4.30pm beneath Waterloo  
Bridge (Embankment). Hot food.

## TEEN CHALLENGE

Mon - Sat: 9 – 11pm; Mon, Whitechapel;  
Tue, Hackney Central Station; Wed, Brixton  
Town Square; Thu, Ealing Tube Station; Fri,  
Waterloo (St John's Church); Sat, Stratford  
Central Baptist Church. Also now run drop-  
ins - call for details **020 8553 3338**

## UR4MEALS

Upper Room, St Saviour Church, Cobbold  
Road, W12 9LN

Mon-Fri: 5.30-6.45pm (hot supper)

## URBAN TABLE

A free meal and social time happens every  
Sunday from 2.30 - 4.30pm at the Round  
Chapel Church, Lower Clapton Road &  
Powerscroft Road, Hackney

## WYCOMBE & MARLOW GROUP

Lincoln's Inn Fields, Tue: 8.15pm

Food, drink and some sundries

## WINNERS CHAPEL

King George's hostel: alternative Saturdays  
to Streetlytes

If you can't find it here, it'll be on our  
website – **www.thepavement.org.uk**

### KEY

**A** Alcohol workers

**AC** Art classes

**AD** Advocacy

**AH** Accommodation/  
housing advice

**B** Barber

**BA** Benefits advice

**BE** Bedding available

**BS** Bathroom/showers

**C** Counselling

**CA** Careers advice

**CL** Clothing store

**D** Drugs workers

**DA** Debt advice

**DT** Dentist

**EF** Ex-forces

**EO** Ex-offenders

**ET** Education/training

**F** Food

**FF** Free food

## LGBT

### THE ALBERT KENNEDY TRUST

Unit 203 Hatton Square Business Centre,  
16/16a Baldwins Gardens, EC1N 7RJ

**020 7831 6562**

Mon-Fri: 10am-4.30pm

Works with LGBT people 16-25, facing  
mistreatment or homelessness

*AS, A, BA, C, H, TS*

[www.akt.org.uk](http://www.akt.org.uk)

### STONEWALL HOUSING

Housing advice for LGBT people of all ages

**020 7359 5767** (advice line)

(Mon, Thu, Fri 10am-1pm; Tue & Wed  
2-5pm)

[www.stonewallhousing.org](http://www.stonewallhousing.org)

## MISCELLANEOUS

There's not enough room in print, but this  
section will be back in a future issue. Until  
then you can find this information online  
at: [www.thepavement.org.uk](http://www.thepavement.org.uk)

## NIGHT SHELTERS

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section will be back in a future issue. Until  
then you can find this information online  
at: [www.thepavement.org.uk](http://www.thepavement.org.uk)

## WORK / TRAINING

### DRESS FOR SUCCESS (WOMEN)

Unit 2, Shepperton House  
89-93 Shepperton Road, N1 3DF

**020 7288 1770**

[www.dressforsuccess.org/London](http://www.dressforsuccess.org/London)

Smart clothing for job interviews

### NEW HANBURY PROJECT (SCT)

3 Calvert Avenue, E2 7JP

**020 7613 5636**

Mon-Thu: 9.30am-4.15pm

Courses in: personal development, life skills,  
woodwork, DIY, art, IT, guitar, Spanish,  
cooking  
*C, ET, MC*

### TURNAROUND RESOURCE E1

Montefiore Centre, Hanbury Street,  
London, E1 5HZ

**020 7247 9005**

[www.turnarounde1.org.uk](http://www.turnarounde1.org.uk)  
*CA, ET, IT*

## YOUNG PEOPLE

### CENTREPOINT

25 Berwick St, Westminster W1F 8RF

**020 7287 9134/5**

Ring first. Daily vacancies

### GET CONNECTED

**0808 808 4994**

Free, confidential advice for young people  
(under 25): 1-7pm daily

*FC* Foot care  
*IT* Internet access  
*L* Laundry  
*LA* Legal advice  
*LF* Leisure facilities

*LS* Luggage storage  
*MD* Music/drama  
*MH* Mental health  
*MS* Medical/  
health services

*NE* Needle exchange  
*OL* Outreach worker links  
*OW* Outreach workers  
*SH* Sexual health  
*TS* Tenancy support



# What a waste

We don't keep our fresh, natural food overnight to sell the following day. We never have and we never will.

For years we've worked with registered charities helping the homeless by offering our unsold sandwiches to them at the end of each day.

Unfortunately, some still get chucked away.  
(And that really upsets us.)

If you know of a charity in need of good food,  
please tell them to call Giovanna Pasini  
on 020 7932 5425.

★ PRET A MANGER ★